



## HOME ISOLATION RULES

You have been diagnosed with contagious tuberculosis. To avoid giving this disease to others, you need to follow these rules until your Public Health Nurse tells you that you are no longer contagious:

1. You must remain at home at all times, except to keep your medical appointments, or when you are outdoors.
2. When you go to your medical appointments, you must wear a mask from the time you enter the Clinic or Office building until the time you leave. Your Public Health Nurse will provide you with masks and instructions for using them. You must not ride on the bus to your medical appointments. If you take a taxi cab, you must wear a mask.
3. You may not work outside your home.
4. You may not have visitors in your home, except when specifically approved by your Public Health Nurse in advance.
5. No one may stay overnight in your home unless they already live there.
6. If following these rules will be a problem for you, please discuss them with your Public Health Nurse who can help you find solutions that do not cause risk to others.
7. If you violate these rules, you may be served with a Legal Order requiring your compliance.

I have read these rules and my Public Health Nurse has explained them to me. I understand these rules, and I agree to follow these rules.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witnessed by (PHN)

