

---

## Upcoming

### Events:

JULY 4, 2018  
JULY 7, 2018  
JULY 21, 2018  
JULY 28, 2018

### NEXT MEETING:

JULY 11, 2018

6:00-8:30 p.m.

CONTRA COSTA EMS

Please Update your  
DHV account!

<http://disasterhealthcarevolunteers.ca.gov/>



LIKE US ON  
FACEBOOK

Contra Costa County  
Medical Reserve Corps

---

# MRC UPDATES

---

## Each One, Recruit One Campaign

Did you know the number one method for recruiting new members is by word of mouth! Most of our new membership comes from other volunteers recruiting a friend or colleague to join the group, and why not, it makes sense to do volunteer activities with the people you enjoy being around.



Well, this summer, we are launching the Each One, Recruit One campaign to grow our unit size. We are asking each MRC member to reach out to friends and colleagues to get them to sign up and volunteer for the MRC. We want you to recruit a like volunteer, meaning if you are a medical volunteer, recruit another medical volunteer. This will increase the capacity of our unit, strengthen team cohesion and ensure we're ready for the next disaster. If each current member recruits a new member, we will double our size, and be at the ideal team size.

Each new recruit will have to complete the full application process and attend new member orientation before they can volunteer events. Once they are a member they will have to meet the training

requirements and attend two events each year. Our members are the best people to explain what we do and what the time commitment is.

Current members who successfully recruit a new member will be entered into a drawing for prizes. The top prize is a \$100 Amazon gift card!! The campaign will run until October 1, 2018.

Please have new recruits contact Jae Grossi at [jenna.grossi@hsd.cccounty.us](mailto:jenna.grossi@hsd.cccounty.us) or at [ContraCostaMRC@gmail.com](mailto:ContraCostaMRC@gmail.com) to start the application process. You can also contact her for recruitment material.

## MRC Badges are Ready!

Contra Costa MRC were the first unit to test the new badging process using the DHV system. All MRC team members were required to update their DHV accounts and submit pictures for upload. We were successful at ensuring all team members completed this task. These new badges are linked to the DHV system with a barcode. The barcodes can be scanned to verify the member is active in the unit. Badges will be provided at unit meetings, when you volunteer for an event, or you may stop by the MRC

office M-F 0900-1600. It is important all members have their badge when they deploy, should a badge be lost or stolen, notify the MRC Coordinator immediately.

## MRC Receives Recognition at State Conference

In the past month, the Contra Costa MRC Coordinator attended the California MRC Conference, and the California Department of Public Health Emergency Preparedness Office Conference.



Both of these events highlighted recent disaster responses in the state. The Contra Costa MRC received recognition for their response capabilities during the Northern California Fires last October. Our unit was the only full unit to deploy during this disaster. You all did an amazing job and should be very proud of your efforts. If you responded to the fire and did not receive your certificate and medallion, please contact Jae and provide a shipping address.

## MRC Leadership Positions Open

The MRC unit needs to fill some key leadership positions. This is your opportunity to step into a more active role within the unit and gain more emergency preparedness response experience.

The following positions need to be filled with a primary and a back-up person.

Logistics Chief; Communications Chief; Shift Lead (clinical); Special Project/Workgroup Lead

Position descriptions can be provided on request. If you are interested in one of these roles contact the MRC Coordinator. You will need to submit a statement about your interest in the position and qualifications (brief).

## MRC Meeting & Orientation

The next MRC meeting will be held on July 11, 2018 6:00-8:30 p.m. The meeting will follow the normal format of team business followed by training. The training topic is Psychological First Aid Overview. This training is a team requirement of all members. If you have not attended this training, or completed the online training you should plan to attend.

## Commit to your Community



Do you know someone who would be interested in joining the MRC?

Invite them to a meeting or connect them with the MRC coordinator

[lisa.vajrt-smith@hsd.cccounty.us](mailto:lisa.vajrt-smith@hsd.cccounty.us)

(925) 313-9548

New member orientation will occur prior to the meeting at 4:15 p.m. If you have a new recruit, they can attend both sessions.

Our August 11th meeting will occur off-site at Point Pinole. The flyer will be sent out to the unit and neighboring units.

## Upcoming MRC Events:

Orinda July 4th Parade| July 4, 2018 Orinda, CA

Oakley Cityhood Celebration| July 7, 2018 Oakley, CA

TANC Dalai Lama B-Day celebration| July 7, 2018 Berkeley, CA

Lafayette EP Fair-Stop the Bleed | July 21, 2018 St. Mary's College

DJF Heart Screening | July 28, 2018 Walnut Creek, CA

Nor-Cal Kids Triathlon | August 18, 2018 Morgan, CA

Rossmoor EP Fair | Sept. 22, 2018 Walnut Creek, CA

East County EP Fair | Sept. 29, 2018 Brentwood, CA

San Ramon EP Fair | Sept. 29, 2018 San Ramon, CA

\* Contact the MRC Coordinator for more details if you are interested in any of these events\*