

MEMNTAL HEALTH COMMISSION

March 27, 2008

MINUTES

<p><b>1. CALL TO ORDER / INTRODUCTIONS</b>          The meeting was called to order by Interim Co-Chairs Scott Singley and Judy McCahon at 4:33 p.m.</p> <p>Commissioners Present:          Bobbie Arnold, District I          Dave Kahler, District IV          Judy McCahon, District III          Jacque McLaughlin, District II          Kathi McLaughlin, District II          Cynthia Miller, District II          Teresa Pasquini, District I          Scott Singley, District III          Karen Sloma, District IV</p> <p>Attendees:          Debbie Baucher, MHSA Consultant          Kara Douglas, County Community Development          Kimberly Mayer, MHSA Project Manager          Art Honnegger, NAMI-CC          Peter Mantas          Alix Mitgang, GRIP          Mariana Moore, Contractor's Alliance          Luis Quinonez, Supv. Bonilla's Office          Karen Shuler, Executive Assistant to the MHC          Hank Snavelly          Donna Souza, NAMI          Bob Thigpen, NAMI          Connie Tolleson, 4-H          William Walker, MD, Health Services Director          Donna Wigand, Mental Health Director</p>	<p>Commissioners Absent:          Supv. Susan Bonilla</p>
<p><b>2. PUBLIC COMMENT</b>          None.</p>	
<p><b>3. ANNOUNCEMENTS</b></p> <ul style="list-style-type: none"> <li>▪ The New MHC address is 30 Douglas Drive, Ste. 240, Martinez 94553. The new MHC phone number is 925-372-4439. The e-mail address remains the same (<a href="mailto:kshuler@hsd.cccounty.us">kshuler@hsd.cccounty.us</a>)</li> <li>▪ A brunch honoring retiring Commissioner Bettye Randle will be held at the Older Adults Committee meeting Friday, April 4<sup>th</sup> from 10:30-12:00.</li> <li>▪ The 4<sup>th</sup> Annual NAMI Walk will be held May 31<sup>st</sup>.</li> </ul>	
<p><b>4. APROVAL OF THE MINUTES.</b>          The Minutes from February 28, 2008 were approved as corrected (typos: misspelled names on page 6).</p>	<p>M-K. McLaughlin          S-Arnold.          Carried 8-0-1.</p>
<p><b>5. REPORT: HEALTH SERVICES DIRECTOR.</b>          -- William Walker, MD.</p>	

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<ul style="list-style-type: none"><li>▪ Crisis Stabilization Unit Staffing<ul style="list-style-type: none"><li>○ Dr. Walker reported good news: The unit is now nearly fully staffed. When filled, there will be 9 full time employees – 5 Mental Health Clinical Specialists, and 4 Medical Social Workers. 3 will work during the day, 3 at night, and 3 late night. Dr. Walker met with Miles Kramer and reported Miles is pleased with the staffing plan.</li></ul></li><li>▪ Report on January CCRMC Visit by Federal Regulators<ul style="list-style-type: none"><li>○ Another piece of good news: After responding to the CMS review process for 1 year, CCRMC presented their plan of Correction and the Evidence of Correction and were given a complete bill of health from CMS. They are now off CMS’s watch list. Jacque asked if the CMS problems were due to staffing or training. Dr. Walker said “Both.” Teresa mentioned a recent attack incident and stated there were still some concerns over items that had been noted previously, but were still happening. Dr. Walker responded that CMS receives regular updates and will come back if they feel it’s necessary.</li><li>○ Dr. Walker encouraged the Commission to come to the staff directly, rather than accepting rumors, innuendoes and anecdotal information. Teresa responded that she does not believe what his staff says. Dr. Walker re-invited the Commission to visit CCRMC and speak directly to those involved. There was discussion regarding what the best way to meet with staff would be – as a MHC sub-committee or as part of an established committee that already meets at CCRMC. It was decided that a separate committee would be better. Establishing a CCRMC committee/sub-committee and establishing membership of that committee/sub-committee will be placed on the April MHC Agenda. Dave, Jacque, Cynthia and Karen volunteered to serve on the committee.</li></ul></li><li>▪ Impact of the Budget Cuts on CCRMC<ul style="list-style-type: none"><li>○ The budget cuts will be deep. They will be cutting \$17 million, with \$9 million coming out of the hospitals and clinics. Regarding the specific budget as a whole, they are waiting until the end of next week to put the list of cuts up. On April 8 they will be going to the Board of Supervisors with the proposed cuts. There will be a budget hearing April 22, with the final budget approval scheduled for May 6. Kathi suggesting using her Children’s Committee time slot to hold an Executive Committee meeting to discuss the budget cuts and formulate action. Luiz Quinonez suggested sending a letter to state and federal legislators making a position statement. Dr. Walker also commented about possible losses due to federal decisions in health care.</li></ul></li></ul>	<p><i>Place “Establish a CCRMC committee/sub-committee and establish membership of that committee/sub-committee” on the April MHC Agenda.</i></p> <p><i>Follow-up on scheduling an Executive Committee meeting for April 17.</i></p>
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<p><b>6. REPORT: INTERIM CO-CHAIRS.</b></p> <p>-- Scott Singley and Judy McCahon</p> <ul style="list-style-type: none"><li>▪ Commissioner Bettye Randle's Resignation<ul style="list-style-type: none"><li>○ Scott read Bettye's resignation letter. Donna praised Bettye for her work on getting the West County Community Center started. Kathi praised Bettye's Older Adult Committee for what it did in getting legislation passed to correct the wording on the 5150 form. There will be further discussion on what needs to be done to keep the Older Adult Committee going.</li></ul></li><li>▪ Standing Committee Membership<ul style="list-style-type: none"><li>○ Commissioners were asked to check a paper confirming their standing committee membership and add any committees to which they wished to add their membership. None were changed from what was already on record.<ul style="list-style-type: none"><li>• Committee Membership:<ul style="list-style-type: none"><li>➤ Adult &amp; Transitional Age Youth Committee<ul style="list-style-type: none"><li>□ Dave Kahler</li><li>□ Teresa Pasquini (Chair)</li><li>□ Scott Singley</li></ul></li><li>➤ Children's Committee<ul style="list-style-type: none"><li>□ Jacque McLaughlin</li><li>□ Kathi McLaughlin (Chair)</li><li>□ Cynthia Miller</li></ul></li><li>➤ Executive Committee<ul style="list-style-type: none"><li>□ Judy McCahon (Interim Co-Chair)</li><li>□ Kathi McLaughlin</li><li>□ Teresa Pasquini</li><li>□ Scott Singley (Interim Co-Chair)</li><li>□ Karen Sloma</li></ul></li><li>➤ Justice System Committee<ul style="list-style-type: none"><li>□ Judy McCahon (Co-Chair)</li><li>□ Karen Sloma (Co-Chair)</li></ul></li><li>➤ Older Adults Committee<ul style="list-style-type: none"><li>□ Bobbie Arnold</li></ul></li></ul></li></ul></li><li>▪ Set Date for Bylaws Revision Committee to meet<ul style="list-style-type: none"><li>○ The Bylaws Revision Task Force was formed, consisting of Teresa Pasquini (Chair), Dave Kahler and Karen Sloma. Teresa will set a date for the first meeting. The term of the Task Force to complete its duties is set at 3 months. This can be renewed, if necessary.</li></ul></li><li>▪ Kathi brought attention to the upcoming CIMH Conference. Registration forms were circulated to the Commissioners.</li></ul></li></ul>	<p><i>Place discussion of Older Adult Committee on next Executive Committee or MHC meeting Agenda, whichever comes first.</i></p>
<p><b>7. UPDATE: MENTAL HEALTH SERVICES ACT HOUSING PROGRAM</b></p> <p>-- Kimberly Mayer, Debbie Baucher, Kara Douglas</p> <ul style="list-style-type: none"><li>▪ Report on Villa Vasconsuellos</li></ul>	

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<ul style="list-style-type: none"> <li>○ Public Grand Opening will be held Wednesday, April 23 from 4-6 pm.</li> <li>▪ Kara Douglas reported that three programs have been funded, Villa Vasconsuellos (Open House April 23), Virginia Avenue (construction is being started), and Lillie Mae Jones Plaza. A Housing Status Report was distributed.</li> <li>▪ Debbie Baucher distributed a Resources for Community Development Fact Sheet for Villa Vasconsuellos was distributed.</li> <li>▪ A FAQ sheet on the Contra Costa County Mental Health Services Act Housing Program was distributed. A survey was distributed asking about the type of supportive housing desired, amenities, design, space, services availability, after-hours accessibility, etc.</li> <li>▪ A stakeholder input process took place. Based on the analysis of the surveys and focus groups consisting of consumers, family members and mental health service providers priorities were identified. A sheet was distributed listing the recommendations.</li> </ul>	<p><i>MHSA Housing Status Report, RCD Fact Sheet, CCC MHSA Housing FAQ sheet, Stakeholder Input Process Summary Results and Recommendations paper are available through the MHC office.</i></p>
<p><b>8. REPORT: MENTAL HEALTH DIRECTOR – Donna Wigand, LCSW</b> Update on the Budget Process Donna gave an overview of the proposed budget cut figures. The County reduction to mental health is \$3.5 million. The projected state cuts are \$5 million for a total of \$8.5 million. In response to a question about why the Board of Supervisors are voting on the reductions before the state budget is final, Donna replied it's a recommendation that stems from the belief that the Governor's budget is going to pass, so it may be the best choice to accept the \$5 million cut now, knowing it can't be implemented until July 1. Donna mentioned that staff would be relocated and clinics would be closed. Jacque expressed concern about the impact on contract providers, stating there needs to be an emergency plan in place for clients who will be affected and that we should look at how to prepare families for cuts in services. Donna said advocacy groups have been discussing this. Cynthia asked if the cuts are prioritized and Donna replied that they are not. Cynthia said she was concerned then that the best cuts might not be made. To which Donna replied that they're planning to spread internal cuts fairly geographically – but cuts may not be fair.</p>	
<p><b>9. COMMITTEE REPORTS</b></p> <ul style="list-style-type: none"> <li>• <b><u>Children's Committee</u></b> <ul style="list-style-type: none"> <li>○ Entertain a motion to request that Chris Adams Girl's Center be spared from the county budget cuts pending the state's decision on the waiver to apply for community care licensing.           <ul style="list-style-type: none"> <li>▪ Donna mentioned that Lionel Chatman put up the Chris Adams probation staff as part of his budget cuts. Sandy Marsh is working with, but nothing will be in writing until after April 27. Donna has asked for a letter in intent.</li> </ul> </li> </ul> </li> </ul>	<p><b>M-K. McLaughlin S-Sloma. Carried unanimously.</b></p> <p><i>Draft a letter to the BOS, Probation, the Juvenile Justice Commission, and Mental Health Admin.</i></p>

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<ul style="list-style-type: none"><li>• <b><u>Executive Committee</u></b><ul style="list-style-type: none"><li>○ Status of Vacancies<ul style="list-style-type: none"><li>▪ District I: Consumer Representative (not posted yet)</li><li>▪ District II: No vacancies</li><li>▪ District III: Consumer Representative</li><li>▪ District IV: Consumer Representative</li><li>▪ District V: Consumer Representative, Family Member and Member-at-Large</li></ul></li><li>○ Recommendations for appointments<ul style="list-style-type: none"><li>▪ Four applicants were interviewed, all from Supv. Glover’s district (V). By a unanimous vote, the Commission accepted the recommendation to forward to Supv. Glover the names of Connie Tolleson and Art Honegger for appointment to the Commission.</li></ul></li></ul></li><li>• <b><u>Older Adult Committee</u></b><ul style="list-style-type: none"><li>○ Bobbie gave a brief summary of items discussed at the last meeting. Donna mentioned that Cesar Court was now an Older Adult Mental Health Program Manager.</li></ul></li><li>• <b><u>Adult &amp; Transitional Age Youth Committee</u></b><ul style="list-style-type: none"><li>○ The Committee was introduced to Johanna Ferman, newly appointed Medical Director for Adult Services. She was described as a “Bright light in the system.”</li><li>○ The Committee also heard a report from Cindy Cook, a member of the Transition Team of Nurses. Teresa reported it was a nice update and positive, but some questions remained unanswered.</li><li>○ Entertain a motion to nominate a Commissioner to participate on the Conservatorship/Public Guardian Stakeholder Group which will discuss issues surrounding the Conservatorship and Public Guardian programs in the County and possible service improvements.</li><li>○ Entertain a motion that the Commission collaborate with the Great Richmond Interfaith Program on the formation of a Mental Health Task Force.<ul style="list-style-type: none"><li>▪ Alix Mitgang from GRIP stated they were asking that the MHC help contribute to the Agenda to develop strategies; participate in the process; and formally support the Task Force. Donna stated she, Suzanne and Kimberly had attended a meeting. A positive aspect of the Task Force is that it is a small enough group to make decisions. Kathi and Judy questioned what strategy is being agreed to and what it would mean to be a part of it. Alex responded that they want formal support plus participation by the MHC. There was further discussion to clarify that the Commission could offer support but not participate in making the agenda.</li></ul></li></ul></li></ul>	<p><b>M-K. McLaughlin S-Sloma Carried unanimously.</b></p> <p><i>Forward recommendations to Supv. Glover.</i></p> <p><b>M-Pasquini S-J. McLaughlin. Carried unanimously.</b></p> <p><i>No instruction regarding further action was given.</i></p> <p><b>M-Pasquini S-Miller. Carried unanimously.</b></p> <p><i>No instruction</i></p>
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<ul style="list-style-type: none"> <li>▪ The motion was amended to read: Entertain a motion that the Commission appoint 1 or more representatives to attend GRIP’s Mental Health Task Force.</li> <li>• <b><u>Justice System Committee</u></b> <ul style="list-style-type: none"> <li>○ The Committee will be sponsoring a site visit to the Behavioral Health Court. The hours are changing. Staff will notify the Commissioners of the new day and time so a site visit can be set up.</li> <li>○ Due to popular demand, a second printing of the Law Enforcement Referral Cards has been done.</li> <li>○ A report was received from Lt. Lemay on the county’s CIT Training. Karen Sloma will be participating on the Steering Committee for the program’s development.</li> </ul> </li> </ul>	<p><i>regarding further action was given.</i></p>
<p><b>10. REPORTS: ANCILLARY BOARDS/COMMISSIONS</b></p> <ul style="list-style-type: none"> <li>• Contractor’s Alliance <ul style="list-style-type: none"> <li>○ Mariana Moore said she wants to support what Jacque said about the coordination of care issues.</li> <li>○ The Alliance is looking to advocate wherever they can. They want the MHC to be as active as possible. She mentioned a new Legislative Advocate Committee.</li> </ul> </li> </ul>	
<p><b>11. FUTURE AGENDA ITEMS</b></p> <ul style="list-style-type: none"> <li>• April: Establish a CCRMC Committee/Sub-Committee/Task Force/ or Ad Hoc Committee and establish membership (Dave, Jacque, Cynthia and Karen volunteered).</li> </ul>	<p><i>Place on April Agenda.</i></p>
<p><b>12. ADJOURN MEETING</b></p> <ul style="list-style-type: none"> <li>• The meeting was adjourned at 6:52 p.m.</li> </ul>	

Respectfully submitted,  
Karen Shuler, Executive Assistant  
Contra Costa Mental Health Commission