

**CONTRA COSTA MENTAL HEALTH COMMISSION MINUTES
THURSDAY, JUNE 22, 2006**

<p>1. Call to Order/ Introductions Attendees:</p>	<p>The meeting was called to order by Chairperson Bobbie J. Arnold at 4:34 p.m. <u>Commissioners:</u> 1. Bobbie J. Arnold, District I 2. Geet Gobind, District III 3. Dave Kahler, District IV 4. Judy McCahon, District III 5. Cynthia Miller, District II 6. Bettye J. Randle, District I 7. Daniel Ruxin, District V 8. Scott Singley, District III 9. Karen Sloma, District IV <u>Staff, Members of the Public and Guests:</u> 1. Harold Parsley, Alcohol & Other Drugs Advisory Board 2. Karen Shuler, MHC Staff 3. Donna Wigand, Mental Health Director</p>	<p><u>Commissioners Absent:</u> Supv. DeSaulnier, Abs. Supv. Glover, Abs. Lisa Honegger, Abs. Kathi McLaughlin, Exc. Teresa Pasquini, Exc. Lisa Ronan, Abs. Diane Soto, Exc. Bob Torres, Exc.</p>
<p>2. Public Comment</p>	<p>Dave Kahler commented about the upcoming 1-day strike Tuesday.</p>	
<p>3. Announcements</p>	<ul style="list-style-type: none"> • Daniel Ruxin thanked the Commission for their get well cards. • A flyer about the upcoming Spirit Graduation on June 28 was distributed. 	
<p>4. Approval of Minutes</p>	<p>The Minutes of May 25, 2006 were approved as corrected.</p>	<p>M-McCahon; S-Sloma. Carried.</p>
<p>5. Chairperson's Report – Bobbie J. Arnold</p>	<p>Recognition for retiring Commissioner Bob Torres. There was discussion about how to honor Bob for his years of service to the Commission. Karen will choose an item and have it engraved.</p>	
<p>6. Mental Health Director's Report— Donna Wigand, LCSW</p>	<ul style="list-style-type: none"> • Donna began her report by talking about the 24 hour strike on Tuesday. Chris Adams is the only Mental Health facility affected, and it will be covered by management staff. All clinics will be kept open for urgent care, drop-ins, walk-ins, etc. Donna said she hopes psychiatrists will report to work for humanitarian reasons. According to rumor, nurses, however, are planning to honor the strike, even though their contract has been settled. The Sheriff's Deputies have also settled. Donna said the main issue is the amount of the COLA being offered over the next 3 years. If the nurses don't report for work, it will have a major impact on the hospital. This affects PES and Psychiatric 	

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	<p>Inpatient. The clinics are being kept open to help prevent sending patients to PES. For those 24 hours, East and Central County patients will go to John Muir/Mt. Diablo Medical Center, and all West County patients will go to Herrick. Suzanne Tavano will be coordinating with PES. Donna said she is making the rounds to meet with staff to try to prevent and “us vs. them” environment.</p> <ul style="list-style-type: none"> • Donna also reported that they are still seeking out corporate sponsors for the art therapy program. <p>Update on the Implementation of the Mental Health Services Act A check for \$3-1/2 million has been received, but it does not include \$2 million for housing. RFP’s are being sent out. We plan to go operational in September.</p> <p>Impact of the Budget Cuts on Mental Health Services</p> <ul style="list-style-type: none"> • Donna stated that she was shocked that there is surprisingly little fallout about Summit Center being closed. • The implementation of Therapeutic Behavioral Services (TBS) was brought about by a lawsuit. We contract out for services. A non-licensed person mentors a child– with a goal of keeping the child in the home. Medi-Cal can be billed for these services. As a result of the “Katie A” lawsuit, bundled services are now required for foster care kids. The State must match. We are ready once this becomes legal and can hire staff for this reimbursable service. We would need to come up with a 5% match. • As of July 1, the pharmacies will be gone from the clinics. The County has been negotiating with local pharmacies. <p>Status of the investigation at Regional Medical Center’s Psychiatric Unit. Donna reported that CMS is investigating the whole hospital, not just Psychiatric Inpatient.</p>	
<p>7. Committee Reports</p>	<p>Adult & Transitional Age Youth Committee. There was no meeting in June.</p>	

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	<p>Children’s Committee. There was no meeting in June.</p> <p>Justice System Committee</p> <ul style="list-style-type: none">• Report on Calli House site visit: Karen Sloma and Judy McCahon visited Calli House May 26. Calli House is the only County-funded emergency shelter for 14 to 21-year-olds. A majority of them are dual diagnosed. They are away from their homes due to abuse or drugs in the home. The kids have individual and group therapy and are stabilized. They can stay from days to months. It is a very small facility. MHSA funding will increase the size. Children are referred from POES, on their own, and from the police. There’s currently a 300 person waiting list.• The Richmond Detention Facility site visit has been re-scheduled to Friday, June 30 at 10 am.• Rhonda James, of Community Violence Solutions, was a guest at the June meeting. She spoke about how kids are interviewed after assaults. CVS serves 10,000 adolescents who are assaulted. Rhonda suggested doing a site visit to Appia House.• There will be a site visit to the new Juvenile Hall July 28. <p>Older Adults Committee</p> <ul style="list-style-type: none">• A card received from Ruth Gay thanking the Older Adult Committee and the Commission for the award that was presented to the Lafayette Alzheimer’s Association was read.• The committee will now meet the 1st Tuesday of each month instead of the 1st Friday (except for July due to the July 4th holiday).• Accept report with recommendations to Jeff Smith, MD, JD, Executive Director, Contra Costa Regional Medical Center and Health Centers. Entertain a motion to send a letter to Dr. Smith with the recommendations. <p>Organizational Development Committee.</p> <ul style="list-style-type: none">• There is one vacancy as of June 30: District II Family Member (seat being vacated by	<p>M-Randle; S-Ruxin. Carried.</p>
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	<p>Bob Torres). A date of June 29th at 3 pm was set to interview an applicant for this position.</p> <ul style="list-style-type: none"> • Judy McCahon was reappointed June 20. Dave Kahler and Cynthia Miller are scheduled for reappointment June 27. A request for reappointment has been submitted to Supv. Gioia on behalf of Bettye Randle. 	
<p>8. Ancillary Committees/Boards/ Commissions Reports</p>	<p>Contractors' Alliance. No report. CMHACY No report. CALMHB/C Bettye Randle mentioned that past problems with organizational funds has been corrected. California Mental Health Planning Council. Bettye reported that the regional group wants to have a coalition for older adults for the 9 Bay Area counties. They will also be contacting celebrities to speak out against stigma. CIMH No report. Mental Health Coalition No report.</p>	
<p>9. Adjournment</p>	<p>The meeting was adjourned at 6:05.</p>	

Respectfully submitted,
Karen Shuler, Executive Assistant
Mental Health Commission