

**CONTRA COSTA MENTAL HEALTH COMMISSION MINUTES
THURSDAY, JULY 27, 2006**

<p>1. Call to Order/ Introductions</p> <p>Attendees:</p>	<p>The meeting was called to order by Chairperson Bobbie Arnold at 4:38 p.m.</p> <p><u>Commissioners:</u> Bobbie J. Arnold, District I Geet Gobind, District III Dave Kahler, District IV Judy McCahon, District III Teresa Pasquini, District I Bettye J. Randle, District I Lisa Ronan, District IV Daniel L. Ruxin, District V Scott Singley, District III Karen Sloma, District IV</p> <p><u>Staff, Members of the Public and Guests:</u> Lisa Booker, Mental Health Administration Kimberly Mayer, Mental Health Administration Mariana Moore, Contractor's Alliance Karen Shuler, MHC Staff Barbara Whittingham, Commission Applicant Dr. Scott Wiegold, CCRMC Janet Wilson, Patient's Rights</p>	<p><u>Absent:</u> Supv. DeSaulnier, Abs. Lisa Honegger, Exc. Kathi McLaughlin, Abs. Cynthia Miller, Abs. Diane Soto, Abs.</p>
<p>2. Mental Health Director's Report</p>	<p>Mental Health Administration Program Manager Kimberly Mayer filled in for Mental Health Director Donna Wigand.</p> <p>Update on the Implementation of the Mental Health Services Act.</p> <ul style="list-style-type: none"> • Kimberly reported we have received \$3.5 million, and more money is to come. We are in year two of the implementation process. The majority of the money we received (75%) is for year one. One – time dollars are being used for vehicles, furniture, etc. Requests for Proposals will be going out soon. Regarding housing, the State put on a training for housing partners. We are getting ready to hire contractors and County employees. • Early Interventions and Prevention: There's ongoing discussion between the Mental Health Directors and the State regarding when it comes out. • Good news: The amount of the tax revenue is higher than what had been projected. In response to questions 	

**CONTRA COSTA MENTAL HEALTH COMMISSION MINUTES
THURSDAY, JULY 27, 2006**

	<p>regarding what how the allocation formula would change in light of the additional amounts and how much is in reserve, Kimberly replied she didn't know the exact amounts.</p> <ul style="list-style-type: none"> • Janet Wilson asked about the requirements for the Pathways Program enrollees, and Kimberly replied that they must be enrollees in the MHSA Plan. <p>Update on the impact of the budget cuts on mental health services. Donna will report on this next month.</p>	
3. Public Comment	None.	
4. Announcements	<ul style="list-style-type: none"> • Karen explained the new Commission Committee attendance requirements and Public Comment protocol. • Lisa Booker announced that Contra Costa County will be co-chairing the Statewide Cultural Competency Summit in San Mateo County November 8-9. Lisa will return to the August Commission meeting for an update. • Geet announced a conference for July 31st dealing with mental health among Asian/Pacific Islanders 	<i>Place on August Agenda.</i>
5. Report from Dr. Scott Wiegold	<p>Scott Wiegold, MD, Medical Director of Psychiatric Emergency Services, reported on the CMS investigation of Contra Costa Regional medical Center.</p> <ul style="list-style-type: none"> • Dr. Wiegold gave a Powerpoint presentation of CMS' Statement of Deficiencies, going over each point one-by-one. The Statement of Deficiencies survey included the deficiency they found, with an explanation of the complaint, along with CCRMC's plan to correct the deficiency. He distributed a copy of the presentation to all in attendance (copy available through Karen). The survey was done between Nov. 30-Dec. 1, 2005. The focus of the investigation was Psychiatric Emergency Services and Psychiatric Inpatient. CMS will be returning to do a full hospital survey. Dr. Wiegold mentioned there is no appeal process. 	

**CONTRA COSTA MENTAL HEALTH COMMISSION MINUTES
THURSDAY, JULY 27, 2006**

	<ul style="list-style-type: none">• At the end of the Powerpoint presentation, Dr. Wiegold appealed to the Commission for help. Stating, “Psychiatry has multiple processes in motion and multiple mandated projects that MUST be undertaken and completed. We have received ZERO additional positions to assist with completing all of these new mandates. (The) Mental Health Commission can assist with monitoring and advocacy! You can help keep everyone’s ‘feet to the fire.’” Dr. Wiegold requested that the Commission and HSD support this effort and asked that we invite in back in 3-6 months for an update.• Dr. Wiegold stated that one of the CMS requirements was that there must be a Medical Director over Psychiatric Inpatient. He has been appointed Interim Director of Psychiatric Inpatient in addition to his other responsibilities. He formally thanked Dr. Walker for his forward-looking philosophy of change and committed support.• Daniel asked how many Counties have had similar surveys done, and if the CMS investigations might be a cost-shifting maneuver. Dr. Wiegold said he did not know how many other Counties were being investigated, that not all have the same type of program we do. As to it being a cost-shifting maneuver, he said no.• Bettye thanked Dr. Wiegold for asking the MHC for help. She asked if there would be more information available.• Implementation of additional training in how to properly work with the mental health patients is being met with some resistance. There is a need to address the Civil Service issue. It was suggested that a Union Representative be invited regarding the problems concerning attitudes and training of the nurses and staff.	<p><i>Karen was asked to secure copies of the full 34-page CMS report from Dr. Wiegold.</i></p> <p><i>Place Dr. Wiegold on October Agenda.</i></p>
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**CONTRA COSTA MENTAL HEALTH COMMISSION MINUTES
THURSDAY, JULY 27, 2006**

	<ul style="list-style-type: none"> • The MHC will need to be aware of what the expectations are and if they have been met. Karen Sloma asked whose “feet should be held to the fire”? Dr. Wiegold replied everyone from the BOS on down: <ul style="list-style-type: none"> ▪ The Board of Supervisors ▪ Dr. Walker ▪ Dr. Smith ▪ Chief of Nursing ▪ Miles Kramer • Teresa mentioned that the problem is system-wide and said it was refreshing to know a light is being shone on the problem. • Mariane Moore from Contractors’ Alliance asked if the MHSA Plan can be used to help the problem – and if the contractors can be a resource. Dr. Wiegold stated community-based organizations can be more involved in discharge planning. <p>The Commission thanked Dr. Wiegold for his very informative presentation.</p>	<p><i>Karen will make a check list of what needs to be done for distribution to the MHC.</i></p>
<p>6. Approval of Minutes</p>	<p>The Minutes of June 22, 2006 were approved as presented.</p>	<p>M-McCahon; S-Gobind. Carried.</p>
<p>7. Chairperson’s Report—Bobbie Arnold</p>	<ul style="list-style-type: none"> • Receive resignation of District V Commissioner Lisa Honegger. • Discussion on dissolving the Organizational Development Committee and having its duties placed under the Executive Committee. 	<p>M-Gobind; S-Sloma. Carried. <i>Forward to Supv. Glover.</i></p> <p>M-Sloma; S-Pasquini. Carried.</p>
<p>8. Committee Reports</p>	<p>Children’s Committee</p> <ul style="list-style-type: none"> • The Committee is working on tracking the status of kids who are on the waiting list for services at the clinic due to budget cuts. • They are in the process of gathering information to compare various suicide prevention programs for a proposal for MHSA Prevention and Early Intervention monies. • They are seeking to collaborate with First Five, We Care, Early Childhood Mental Health, Lynn Center and others to make sure services for ages 0-6 get included in the MHSA Prevention and Early 	

**CONTRA COSTA MENTAL HEALTH COMMISSION MINUTES
THURSDAY, JULY 27, 2006**

	<p>Intervention monies.</p> <p>Justice System Committee</p> <ul style="list-style-type: none"> • There will be a site visit to the new Juvenile Hall Friday, July 28 at 1:00 p.m. • The Richmond Detention Facility site visit will be rescheduled. • Susie Moore from Contra Costa Crisis Center will be a guest speaker at the next meeting. <p>Older Adults Committee</p> <ul style="list-style-type: none"> • They are continuing to collaborate with Alcohol & Other Drugs, Senior Peer Counseling and Aging & Adult Services on the issue of substance abuse among seniors. • Information is being gathered for advocacy to legislators on the issue of services for Alzheimer's and dementia patients. There is a need to define the disease so help can be obtained. As it currently stands, it is comparable to leprosy in that no one wants to provide services. <p>Organizational Development Committee.</p> <ul style="list-style-type: none"> • Status of vacancies: <ul style="list-style-type: none"> ▪ District II Family Member, vacated by Robert Torres. ▪ District V Consumer Representative (vacated by Lisa Honegger). • Entertain a motion to recommend to Supv. Uilkema the appointment of Barbara Whittingham to the District II Family Member Seat. <p>Adult & Transitional Age Youth Committee Entertain a motion to send a follow-up letter to Kaiser on the issue of sending our clients out-of-County.</p>	<p>M-Randle; S-Singley. Carried.</p> <p>M-Ronan; S-Gobind. Carried.</p>
<p>8. Reports from Ancillary Boards/ Commissions/ Committees</p>	<p>Contractor's Alliance Mariana Moore reported on the Methamphetamine Task Force. She expressed concern that it is made up mostly of lawn enforcement personnel. She said community based organizations should be represented as well.</p> <p>California Mental Health Boards/Commissions (CALMHB/C)</p>	

**CONTRA COSTA MENTAL HEALTH COMMISSION MINUTES
THURSDAY, JULY 27, 2006**

	No report. California Mental Health Planning Council No report. California Institute for Mental Health (CIMH) No report. Mental Health Coalition No report.	
10. Adjournment	The meeting was adjourned at 6:39 p.m.	

Respectfully submitted,
Karen Shuler, Executive Assistant
Mental Health Commission