

**CONTRA COSTA MENTAL HEALTH COMMISSION MINUTES  
THURSDAY, AUGUST 24, 2006**

<p><b>1. Call to Order/ Introductions</b></p> <p><b>Attendees:</b></p>	<p>The meeting was called to order by Chairperson Bobbie Arnold at 5:08 p.m.</p> <p><b><u>Commissioners:</u></b>          Bobbie J. Arnold, District I          Geet Gobind, District III          Dave Kahler, District IV          Judy McCahon, District III          Cynthia Miller, District II          Teresa Pasquini, District I          Bettye J. Randle, District I          Daniel L. Ruxin, District V          Scott Singley, District III</p> <p><b><u>Staff/Guests:</u></b>          Harold Parsley, AOD Advisory Board          Mariana Moore, Contractor’s Alliance          Karen Shuler, MHC Staff          Donna Wigand, Mental Health Director          Janet Wilson, Patient’s Rights</p>	<p><b><u>Absent:</u></b>          Supv. DeSaulnier, Abs.          Kathi McLaughlin, Exc.          Lisa Ronan, Abs.          Karen Sloma, Exc.          Diane Soto, Exc.</p>
<p><b>2. Public Comment</b></p>	<p>Janet Wilson stated a consumer had committed suicide. The name was inadvertently given, and mention was made that this is a violation of HIPAA.</p>	<p><i>Steps will be taken to ensure it does not happen again (getting clarification and/or additional training).</i></p>
<p><b>3. Announcements</b></p>	<ul style="list-style-type: none"> <li>• Donna announced Lisa Booker is resigning.</li> <li>• A Juvenile Onset Bipolar Conference will be held Sept. 14-16. Donna said she didn’t feel this conference was geared to professionals and not to the Commissioners, so she would not approve attendance unless there was a good reason.</li> <li>• The Rose Jenkins Conference will be held October 3-4.</li> <li>• There is a CIMH Conference November 8-9 on Eliminating Disparities. Commissioners are encouraged to attend, but to carpool instead of using hotels.</li> <li>• There is another CIMH Conference on Cultural Competence November 19-20. Again, Donna will approve if there is a good reason for a Commissioner to attend.</li> </ul>	
<p><b>4. Approval of the Minutes</b></p>	<p>The Minutes from July 27 were approved as corrected.</p>	<p><b>M-McCahon; S-Randle. Carried.</b></p>
<p><b>5. Chairperson’s Report—Bobbie J. Arnold</b></p>	<ul style="list-style-type: none"> <li>• Further clarification on quorum requirements             <ul style="list-style-type: none"> <li>○ Committee attendance is a</li> </ul> </li> </ul>	

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	<p style="text-align: center;">requirement</p> <ul style="list-style-type: none"> <li>▪ Commissioners were reminded of the Committee attendance requirement as stated in the Bylaws, and it was announced that 2 Commissioners now constitute a quorum in the Committees.</li> <li>○ Call Karen if you must miss a meeting <ul style="list-style-type: none"> <li>▪ To avoid having to cancel a meeting for lack of quorum when guests are awaiting the start of a meeting, Commissioners were urged to call if they cannot attend a meeting.</li> </ul> </li> <li>• Approve final draft of Bylaws amendments and recommend forwarding them to County Counsel for review</li> <li>• Forward to the Board of Supervisors request for Proclamation declaring October 1-7, 2006 “Mental Health Awareness Week.”</li> </ul>	<p><b>M-Miller; S-Ruxin Carried.</b></p> <p><b>M-McCahon; S-Singley. Carried.</b></p>
<p><b>6. Mental Health Director’s Report</b></p>	<p>Donna reported that the new CAO does not want contract employees – stating employees must be county employees or independent contractors only. To convert 20 of the 26 contract employees to county employees would cost \$400,000, which Donna said we don’t have. Some position may not be converted. The matter goes to the BOS in September.</p> <p><b>Update on the Implementation of the Mental Health Services Act.</b></p> <ul style="list-style-type: none"> <li>• Donna also said another package going to the BOS in September will be the newly-created MHSA positions.</li> <li>• Donna distributed copies of the Children’s Request for Proposals and explained the process and requirements. The Adult and Transitional Age Youth RFP’S will be released in early September. We are encouraging creative collaboration. Donna said they will be putting review panels together which will include the Commission. They will also be re-convening the MHSA Planning</li> </ul>	

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	<p>Committees. Bidders will be chosen on the basis of points. The majority of the staffs will be community based organization positions. Donna distributed a paper giving updated information on Prop 63 entitled "Go Beyond!"</p> <ul style="list-style-type: none"> <li>• If more money comes in, Donna wants to look again at items set aside at the Stakeholder meetings ("parking lot" items) rather than looking at expansion or new programs.</li> <li>• Donna stated the older adult program will be out in January.</li> </ul> <p><b>Update on the Prevention &amp; Early Intervention Portion of the MHSA.</b> Donna reported that the guidelines are still not out. The Oversight and Accountability Commission controls the P&amp;EI funds, and say they will tell the Counties which of 4 topics they can apply for. The O&amp;AC is split and issues are not resolved.</p> <p><b>Update on the Impact of Budget Cuts on Mental Health Services.</b> Vern and Donna are going to the BOS' Family &amp; Human Services meeting to report on what happened to kids when the services were cut. They will also be giving a report on the impact of the loss of Summit Center for Boys.</p> <p>Donna also mentioned that mental health has been invited to work on the corrections at psychiatric emergency and psychiatric inpatient. She went on to say there will be a role for the MHC regarding PES and PI. Dr. Walker stated these are invaluable resources and the staff attitude needs to change. He went on to say we know there is a problem, but every measure possible must be taken to save this invaluable resource.</p>	
<p><b>7. Committee Reports</b></p>	<p><b>Justice System Committee</b></p> <ul style="list-style-type: none"> <li>• Judy McCahon reported on the site visit to Juvenile Hall.</li> <li>• Susan Moore, a grief Counselor for Contra Costa Crisis Center, was a guest speaker.</li> </ul> <p><b>Older Adult Committee</b></p>	

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	<ul style="list-style-type: none"> <li>• No meeting due to lack of quorum.</li> </ul> <p><b>Organizational Development Committee.</b></p> <ul style="list-style-type: none"> <li>• Status of vacancies: <ul style="list-style-type: none"> <li>▪ District II Family Member, vacated by Robert Torres. (Barbara Whittingham's appointment will go to the BOS September 12<sup>th</sup>.)</li> <li>▪ District V Consumer Representative, vacated by Lisa Honegger. (Supv. Glover's office has posted the vacancy.)</li> </ul> </li> </ul> <p><b>Adult &amp; Transitional Age Youth Committee</b></p> <ul style="list-style-type: none"> <li>• No meeting due to lack of quorum.</li> </ul> <p><b>Children's Committee</b></p> <ul style="list-style-type: none"> <li>• Daniel reported the committee is looking at developing suggested programs for MHSA P&amp;EI monies, and are gathering information on 0-6 programs and suicide prevention programs.</li> <li>• LaShonda Taylor from the Contra Costa Crisis Center will be a guest speaker next month.</li> </ul>	
<p><b>8. Reports from Ancillary Boards/ Commissions/ Committees</b></p>	<p><b>Contractor's Alliance</b> Mariana Moore went to the MHSA Communications Work Group and had a conversation regarding the need for mental health to define systems transformation.</p> <p><b>California Mental Health Boards/Commissions (CALMHB/C)</b> No report.</p> <p><b>California Mental Health Planning Council</b> No report.</p> <p><b>California Institute for Mental Health (CIMH)</b> No report.</p> <p><b>Mental Health Coalition</b> No report.</p>	
<p><b>9. Future Agenda Items</b></p>	<p>October: Dr. Scott Weigold. Follow-up on implementation of CMS recommendations. November: Election of officers. November: Approve Annual Report.</p>	
<p><b>10. Adjournment</b></p>	<p>The meeting was adjourned at 6:36 p.m.</p>	

Respectfully submitted,  
Karen Shuler, Executive Assistant  
Mental Health Commission