

**CONTRA COSTA COUNTY MENTAL HEALTH COMMISSION
MINUTES – JANUARY 22, 2009**

<p>I.</p>	<p>CALL TO ORDER / INTRODUCTIONS The meeting was called to order by Commission Chairperson Jacque McLaughlin at 4:35 p.m.</p> <p><u>Commissioners Present:</u> Clare Beckner, District IV Art Honegger, District V Dave Kahler, District IV Peter Mantas, District III Jacque McLaughlin, District II Colette O’Keeffe, MD, District IV Teresa Pasquini, District I Annis Pererya, District II Connie Tolleson, District V</p> <p><u>Attendees:</u> Dr. Frank Barham, Retired Psychiatrist Sherry Bradley, MPH, MHA Program Manager Lea Castleberry, Supv. Piepho’s Office Karyn Cornell, Supv. Piepho’s Office Brenda J. Crawford, Mental Health Consumer Concerns Suzanne H. Davis, Conservator/Public Guardian John Gragnani, Local 1/Mental Health Coalition Anne Heavey, Member of the Public Scott Nelson, Prospective MHC Applicant Dorothy Sansoe, Senior Deputy CAO Karen Shuler, MHC Staff Suzanne Tavanno, Ph.D., Contra Costa Mental Health Donna Wigand, Mental Health Director</p>	<p><u>Commissioners Absent:</u> Supv. Mary Piepho (exc.) Bielle Moore (exc.) David Evans</p>
<p>II.</p>	<p>ANNOUNCEMENTS</p> <ul style="list-style-type: none"> • Miles Kramer’s CCRMC group will be meeting the 2nd Thursday from 12-1 at CCRMC. • A flyer for an upcoming NAMI speaker was distributed. • Clare mentioned that representatives from The Clubhouse would like to give a presentation at a future MHC meeting. 	
<p>III.</p>	<p>APPROVAL OF THE MINUTES FROM NOVEMBER 20, 2008 A motion was made to approve the Minutes as presented.</p>	<p>M-Honegger; S-Pasquini. Carried.</p>
<p>IV.</p>	<p>CHAIRPERSON’S COMMENTS – Jacque McLaughlin <i>At the request of Jacque McLaughlin, and by agreement of the Commission, this agenda item was moved to later in the meeting.</i></p>	
<p>V.</p>	<p>ADOPT 2009 MENTAL HEALTH COMMISSION PRIORITIES ACTION PLAN</p>	

**CONTRA COSTA COUNTY MENTAL HEALTH COMMISSION
MINUTES – JANUARY 22, 2009**

<p>Jacque review the Action Plan item by item. Focus Area #1. Colette proposed a change: “Promote support systems and identify support systems <i>and help obtain emergency assistance</i> for consumers with no family support.” Focus Area #2. Jacque reported that when the Executive Committee met, there was discussion regarding broadening the focus. Connie mentioned the supporting post discharge is a very important piece. Focus Area #3. This focus area regarding addressing gaps in the system needs to be fleshed out a little more. Anne Heavey mentioned placing modular units on CCRMC grounds. Focus Area #4. This area having to do with governance, will be an ongoing process.</p> <p>Jacque summarized by saying this is not an exclusive or rigid plan, but she sees it as a guide that will help structure the Commission agenda. Clare and Teresa complimented Jacque on her work on formatting the Plan.</p> <p>A motion was made to adopt the 2009 MHC Priorities Plan as amended (Colette’s comments).</p>	<p><i>Add: and help obtain emergency assistance</i></p> <p>M-Kahler; S-Mantas. Carried unanimously.</p>
<p>VI. REPORT: MENTAL HEALTH DIRECTOR Budget Updates. Donna Wigand reported that the same issues having to do with state funding remain. On January 30, the CAO is holding a Department Head Summit and will do a county-wide financial review – what’s mandated and what’s not. Everything is on the table. The MH Division is a part of the Health Department. Dr. Walker will represent that Department. We have not been given a hard and fast figure to plan around yet. There may be a current year adjustment. Dr. Walker has issued a memo requesting cost-savings ideas. Possibilities include a 7% salary reduction or a 2-day/month furlough. <u>State Impact.</u> The Governor’s 09-10 budget is due out July 1. There is great concern over a proposal to move managed care dollars into the general fund, and also a proposal to tap into MHSA monies. This would be the 1st raid on MHSA dollars which are supposed to supplement mental health. It must go to the voters first. If managed care dollars are most, and the ballot measure doesn’t pass, we would have lost our managed care dollars and the MHSA would become an unfunded mandate. Included in the State proposal is a cost saving measure to</p>	

**CONTRA COSTA COUNTY MENTAL HEALTH COMMISSION
MINUTES – JANUARY 22, 2009**

<p>defer EPSDT and AB3632 payments to the county for 8 months. There would be no revenue until September. There are mandated services in acute inpatient, AB3632, and crisis care.</p> <p>Contra Costa County has been generous in providing care for uninsured and undocumented individuals. About 15% are uninsured. Other counties provide emergency care only, unless the client has Medi-Cal or Medicare. This may become a policy issue. Mental Health may be told to screen out Medi-Cal or AB3632.</p> <p>One bright spot is at the federal level. One state bailout plan includes a \$.50 match. The new administration is talking about raising the \$.50 to \$.60 so we would put up \$.40 to feds \$.60. This could be out bailout. Peter asked if therefore the state would take this money, too – to which Donna that they would not. Federal law says they have to pass it down to us. Dorothy said that on Tuesday, the CAO reported on the current economics. The combined lost revenues and an increase in services equals a \$56 million gap. Donna said that of that, mental health realignment was down 7% and will be down 10% by June. At a minimum, Donna said she will have to present a \$3 million reduction plan by the end of the fiscal year.</p> <p>A positive note is that we've had to look at restructuring – keep looking at how to continue delivery of services in different ways. This has results in changes...</p> <p>Adult – not have an office – go to where the need is. Children – Be stationed at schools – provide school-based services, home interventions.</p> <p>Jacque asked Donna what the Commission can do. Clare suggested writing to the President. Jacque said we need to look at how to communicate most effectively. Brenda said the Commission needs to look at how to develop partnerships with CBO's.</p>	
<p>VII. MENTAL HEALTH SERVICES ACT</p> <p>a. Report from Sherry Bradley, MHSA Program Manager 2010 Planning Estimates: CSS - \$20,247,300 PEI - \$656,400 Inn. - \$1,616,400</p> <p>There are changes being proposed. Instead of 6 workgroups, integrate to a consolidated Planning Advisory Workgroup and Innovations Stakeholder Planning. There will be coordination among the plans. Sherry said they are</p>	

**CONTRA COSTA COUNTY MENTAL HEALTH COMMISSION
MINUTES – JANUARY 22, 2009**

<p>seeking interested parties to participate. It will include some who previously served of stakeholder groups. Teresa asked how many would be members of the MHC? Sherry said 1 or 2 as she doesn't want it to become too unwieldy.</p> <p>Sherry reported that the RFP's for the PEI Plan are in development. If changes need to be made, they will change them.</p> <p>Sherry complimented Brenda for bringing in consumers to the focus groups. She would like to have 1 more family member focus group.</p> <p>She also mentioned they are conducting a survey. The results will be reported.</p> <p>Tomorrow morning they will be learning about the DMH loan assumption program.</p> <p>Sherry addressed a question about the Capital Funding Plan – stating it's a component proposal with a Letter of Intent requesting to draw down funds. The 2nd part will be the actual project proposal.</p> <p><i>At the request of a Commissioner who had to leave early and upon approval of the Commission, Agenda Item #9 was moved up. Agenda Item #7 will continue below.</i></p>	
<p>IX. ELECTION OF CHAIR</p> <p>Jacque turned the meeting over to Vice Chair Teresa Pasquini for this portion of the meeting.</p> <p>Nominations received:</p> <p>Jacque McLaughlin Peter Mantas.</p> <p>It was announced that Jacque had withdrawn her name from nomination. In light of this, Teresa reviewed the options the Commission had:</p> <ol style="list-style-type: none"> 1. Receive additional nominations from the floor 2. Postpone the election until February 3. Vote now. <p>A motion was made to vote on the remaining candidate, Peter Mantas, now. The motion carried.</p> <p>Teresa called for a confirming vote of Peter for Chair. Through this vote, Peter was confirmed as Chair.</p> <p>Peter Mantas assumes office immediately, but as per discussion prior to the meeting, Jacque continued to run the meeting and will Chair this evening's Public Hearing as well.</p>	<p>M-Tolleson; S-Honegger.</p> <p>Confirmed 8-0-1.</p>
<p>VII (Cont'd.) b. Report from Connie Tolleson, MHSA Steering Committee</p>	

**CONTRA COSTA COUNTY MENTAL HEALTH COMMISSION
MINUTES – JANUARY 22, 2009**

<p>Connie complemented Sherry on her openness in the process and for her organizational efforts. She stated the committee meeting was depressing because there are no housing funds for TAY. A lot of mental health workers are also frustrated. Adults who knew the system better snapped up the housing funds, leaving TAY out. Suzanne explained that what happens is that adults move to the full services partnerships faster. Connie said she is concerned about the TAY kids on the streets. Donna mentioned in order to use MHSA monies, we would need to build new housing.</p>	
<p>VIII. COMMITTEE REPORTS Bylaws Workgroup – Peter Mantas Peter reported they have met three times and have been focusing on building consensus. They’ve had discussions regarding adding a Leave of Absence clause; a designation of Associate Commissioner; term limits; voting guidelines; and closing gaps in the Bylaws. They are also looking at developing a Policy and Procedural Manual. The next meeting is February 10th, when they hope to finish and have the proposed amendments ready for Commission review in time to be voted on at the March Commission meeting. Executive Committee This report was covered under Agenda Item #5.</p>	
<p>X. REPORTS: ANCILLARY BOARDS/COMMISSIONS</p> <ul style="list-style-type: none"> • Psychiatric Healthcare Facility (PHF) Workgroup Report deferred to next month. • Mental Health Coalition Develop Commission position on adding more members to the Mental Health Coalition. Teresa reported that Chair John Gagnani has discussed the concept at Coalition meetings. It was explained that the way things are done now, there must be 100% agreement for any decision to be made. A motion was made to accept in concept enlarging the Mental Health Coalition. • Contractor’s Alliance Mariana Moore was unable to attend. • Local 1 John said they are concerned about the children’s mental health division – that we are serving less than we should. He said our business model needs to change. Jacque said the Commission needs to be kept informed. 	<p>M-Mantas; S-Honegger. Carried.</p>
<p>XI. PUBLIC COMMENT. Brenda mentioned the East County Wellness and Recovery</p>	

**CONTRA COSTA COUNTY MENTAL HEALTH COMMISSION
MINUTES – JANUARY 22, 2009**

	Center had a fire. They have been van-pooling to Central County. They hope to be back by the end of February.	
IV.	<i>Moved here at beginning of meeting.</i> CHAIRPERSON’S COMMENTS – Jacque McLaughlin It had already been announced to the Commissioners that Jacque was resigning from the Commission as of tomorrow. Jacque thanked the Commission for the opportunity to work with them. She recognized them as being caring, compassionate and committed.	
XII.	FUTURE AGENDA ITEMS 1) Presentation by The Clubhouse 2) Update from Children’s Mental Health	
XIII.	ADJOURN MEETING. The meeting was adjourned at 6:05 p.m. The next regularly scheduled meeting of the Mental Health Commission will be Thursday, <u>February 26, 2009</u> .	

Respectfully submitted,
Karen Shuler, Executive Assistant
Contra Costa County Mental Health Commission