

# Contra Costa County Mental Health Commission

Thursday, January 25, 2007, 4:30-6:30 p.m.

**Mental Health Administration Conference Room**

**1340 Arnold Drive, Suite 200, Martinez**

***PLEASE NOTE CHANGE OF LOCATION FOR THIS MONTH'S MEETING ONLY***

*The Mental Health Commission will provide reasonable accommodations for persons with disabilities planning to participate in Commission meetings who contact Executive Assistant Karen Shuler at least 48 hrs. prior to the meeting at 925-957-5149.*

## AGENDA

1. 4:30 Call to Order/Introductions
2. 4:35 Public Comment. The public may comment on any item of public interest within the jurisdiction of the Mental Health Commission. In the interest of time and equal opportunity, speakers are requested to observe a 3-minute time limit (subject to change at the discretion of the Chairperson). In accordance with the Brown Act, if a member of the public addresses an item not on the posted agenda, no response, discussion, or action on the item may occur. Time will be provided for Public Comment on items on the posted Agenda as they occur during the meeting.
3. 4:40 Announcements
4. 4:45 Turning Over of the Gavel – Bobbie J. Arnold
  - Introduction of the 2007 Mental Health Commission officers:
    - Co-Chairpersons Kathi McLaughlin and Karen Sloma
    - Co-Vice Chairpersons Scott Singley and Diane Soto
5. 4:50 Mental Health Director's Report—Donna Wigand, LCSW
  - A. Update on the transition of psychiatric nurses
  - B. Update on the Implementation of the Mental Health Services Act
    - a. Children's Services/Programs
    - b. Transitional Age Youth Services/Programs
    - c. Adult Services/Programs
    - d. Roll Out of Older Adult Services/Programs
    - e. Address lack of Commission representation on MHSA steering committees
6. 5:20 Chairpersons' Report – Kathi McLaughlin and Karen Sloma
  - A. Upcoming Conferences/Trainings
    - a. Bay Area Region – Mental Health Boards/Commissions Regional Training, April 6-7 at DoubleTree Hotel San Francisco Airport, 835 Airport Blvd., Burlingame

- b. California Mental Health Advocacy for Children and Youth (CMHACY) “Celebrate Transformation: Keep it Movin,,” May 16-18 (Pre-Conference Tuesday May 15)
      - B. Committee Chairmanships
        - a. Appoint Co-Chairs, when possible
        - b. Revise and reaffirm Annual Focus Goals
      - C. “May is Mental Health Month”
        - a. Proclamation
        - b. Discuss process of Annual Mental Health Commission Awards
      - D. Suggestions for being Proactive as a Commission and as Individual Commissioners
        - a. Annual luncheon with Board of Supervisors and a few collaborative agencies
        - b. Quarterly meetings with appointing Supervisors
        - c. Monthly/Bi-Monthly newspaper column
        - d. Other.
      - E. Annual Retreat
7. 5:45 Update on implementation of CMS-recommended corrections/changes at Contra Costa Regional Medical Center.
  - A. Confirm Executive Committee’s decision to send a letter to Health Services Director William Walker, MD, expressing concern over recent events at CCRMC.  
DISCUSSION AND POSSIBLE ACTION ITEM
    - a. Commission response to reply from Dr. Walker.  
DISCUSSION AND POSSIBLE ACTION ITEM.
  - B. Address concerns regarding psychiatric services.  
DISCUSSION AND POSSIBLE ACTION ITEM.
    - a. Review Welfare & Institutions Code  
DISCUSSION AND POSSIBLE ACTION ITEM.
    - b. Feasibility and advocacy for separate psychiatric inpatient units for children and older adults.  
DISCUSSION AND POSSIBLE ACTION ITEM.
    - c. Discuss Riverside County’s Crisis Response Unit
8. 6:10 Committee Reports
  - A. Executive Committee**
    - a. Entertain a motion to confirm the Executive Committee’s acceptance of the 2006 Annual Report (accepted by the Board of Supervisors 01/09/07)  
DISCUSSION AND POSSIBLE ACTION ITEM.
  - B. Justice System Committee**
    - a. Did not meet in January
  - C. Older Adult Committee**
    - a. Barb Johnson from Congressman George Miller’s office was a guest. There was discussion on how to proceed to get mental

health services for seniors afflicted with Alzheimer's and other forms of dementia.

- b. There was also continuing discussion of how best to collaborate with other agencies in getting services for older adults who have substance abuse problems. Alcohol and Other Drugs Advisory Board held a training session for working with older adults who have substance abuse issues.

**D. Adult & Transitional Age Youth Committee**

- a. Adult Mental Health Program Chief Vic Montoya gave an extensive report on the progress of securing supportive housing for transitional age youth and adults.

**E. Children's Committee**

- a. Issues resulting from cuts in services were discussed along with how to best advocate for changes in how children are served at psychiatric emergency and within the mental health system at large.

9. 6:20 Reports from Ancillary Boards/Commissions/Committees
  - A. Contractor's Alliance**
  - B. California Mental Health Planning Council**
  - C. California Mental Health Boards/Commissions (CALMHB/C)**
  - D. California Institute for Mental Health (CIMH)**
  - E. Mental Health Coalition**
10. 6:28 Future Agenda Items  
February:
  - Report from Steve Hahn-Smith on Performance Outcome Measures
  - An overview of Contractors Alliance presented by Mariana Moore.
11. 6:30 Adjournment in honor of pioneer union organizer Henry Clarke who passed away January 4<sup>th</sup>.