



CONTRA COSTA  
MENTAL HEALTH  
COMMISSION

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Martinez, CA 94553

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[cchealth.org/mentalhealth/mhc](http://cchealth.org/mentalhealth/mhc)

**Mental Health Commission  
Executive Committee**

**Tuesday, November 22<sup>nd</sup>, 2022, from 3:30 – 5:00 pm**

**Via: Zoom Teleconference:**

**<https://cchealth.zoom.us/j/5437776481>**

**Meeting number: 543 777 6481**

**Join by phone:**

**1 669 900 6833 US**

**Access code: 543 777 6481**

**AGENDA**

- I. Call to Order/Introductions**
- II. Public comments**
- III. Commissioner comments**
- IV. Chair announcements**
- V. APPROVE minutes from the October 25<sup>th</sup>, 2022, Executive Committee meeting**
- VI. UPDATE on Behavioral Health Services (BHS) contracts discussion with BHS and County Counsel, Commissioner Barbara Serwin**
- VII. DISCUSS Mental Health Commission (MHC) December 2023 final slate and voting process, Commissioner Laura Griffin**
- VIII. DISCUSS Liaison role for Consolidated Planning Advisory Workgroup (CPAW) and Alcohol and Other Drugs (AOD) meetings, Commissioner Barbara Serwin**
- IX. DISCUSS Mental Health Commission 2023/2024 BHS budget input process, Commissioner Barbara Serwin**

**(Agenda Continued on Page Two)**



The Contra Costa County Mental Health Commission is appointed by the Board of Supervisors to advise them on all matters related to the county's mental health system, in accordance with mandates set forth in the California State Welfare & Institutions Code, Sections 5604 (a)(1)-5605.5. Any comments or recommendations made by the Mental Health Commission or its individual members do not represent the official position of the county or any of its officers. The Commission is pleased to make special accommodations, if needed, please call ahead at (925) 313-9553 to arrange.

- X. DISCUSS December 2022 Mental Health Commission meeting schedule, Angela Beck, Executive Assistant**
- XI. DISCUSS Committee membership, Angela Beck, Executive Assistant**
- XII. DISCUSS strategy/process for delivering MHC Orientation Modules and determine remaining orientation needs, Commissioner Barbara Serwin**
- XIII. DETERMINE December 2022 Mental Health Commission meeting agenda:**
  - **CHAIR ANNOUNCEMENTS**
    - Meeting Ground Rules: No interruptions; Limit two (2) minutes; Stay on Topic
    - Please refrain from commenting on voting process or candidates during public and Commissioner comment
  - “Get to know your Commissioner” – Commissioners Pamela Perls
  - TBD presentation
  - DISCUSS Behavioral Health Services (BHS) budget
  - DISCUSS Liaison Role for CPAW/AOD
  - DISCUSS Committee membership and attendance
  - Behavioral Health Services Director's report, Dr. Suzanne Tavano
    - Insurance Parity
  - VOTE on Mental Health Commission 2023 officers
- XIV. Adjourn**

**ATTACHMENTS:**

- A. Election Slate 2023**
- B. DRAFT 2023 MHC Meeting Schedule**
- C. MHC Members and Committee Member Roster**

**2023 Mental Health Commission Election**  
**Nomination List**

**Chair Nominees**

**Laura Griffin**

**Leslie May**

**Vice-Chair Nominees**

**Douglas Dunn**

**Laura Griffin**

**Leslie May**

**Executive Committee Member Nominees**

**Douglas Dunn**

**Laura Griffin**

**Leslie May**

**Pamela Perls**

**Barbara Serwin**

**Gina Swirsding**

# Mental Health Commission

## 2023 Commission and Committee Meetings

The Mental Health Commission and Committee Meetings will be held via Online/Telephone Conference. Dates and times of meetings subject to change. For Information regarding meeting access, or updated information on meeting dates and times, please refer to the specific Committee Meeting Agenda (posted online on the Mental Health Commission website). If you have any questions, please contact the Mental Health Commission Office at (925) 313-9553. (\*\*Indicates additional Committee meetings scheduled.)

January			
Mental Health Commission	4	4:30-6:30pm	Zoom Online/Telephone Conference
MHSA-Finance Committee	19	1:30-3:00pm	Zoom Online/Telephone Conference
Quality of Care Committee	19	3:30-5:00pm	Zoom Online/Telephone Conference
Justice Systems Committee	24	1:30-3:00pm	Zoom Online/Telephone Conference
Executive Committee	24	3:30-5:00pm	Zoom Online/Telephone Conference

February			
Mental Health Commission	1	4:30-6:30pm	Zoom Online/Telephone Conference
MHSA-Finance Committee	16	1:30-3:00pm	Zoom Online/Telephone Conference
Quality of Care Committee	16	3:30-5:00pm	Zoom Online/Telephone Conference
Justice Systems Committee	28	1:30-3:00pm	Zoom Online/Telephone Conference
Executive Committee	28	3:30-5:00pm	Zoom Online/Telephone Conference

March			
Mental Health Commission	1	4:30-6:30pm	Zoom Online/Telephone Conference
MHSA-Finance Committee	16	1:30-3:00pm	Zoom Online/Telephone Conference
Quality of Care Committee	16	3:30-5:00pm	Zoom Online/Telephone Conference
Justice Systems Committee	28	1:30-3:00pm	Zoom Online/Telephone Conference
Executive Committee	28	3:30-5:00pm	Zoom Online/Telephone Conference

April			
Mental Health Commission	5	4:30-6:30pm	Zoom Online/Telephone Conference
MHSA-Finance Committee	20	1:30-3:00pm	Zoom Online/Telephone Conference
Quality of Care Committee	20	3:30-5:00pm	Zoom Online/Telephone Conference
Justice Systems Committee	25	1:30-3:00pm	Zoom Online/Telephone Conference
Executive Committee	25	3:30-5:00pm	Zoom Online/Telephone Conference

May			
Mental Health Commission	3	4:30-6:30pm	Zoom Online/Telephone Conference
MHSA-Finance Committee	18	1:30-3:00pm	Zoom Online/Telephone Conference
Quality of Care Committee	18	3:30-5:00pm	Zoom Online/Telephone Conference
Justice Systems Committee	23	Cancelled	Zoom Online/Telephone Conference
Executive Committee	23	Cancelled	Zoom Online/Telephone Conference

# Mental Health Commission

## 2023 Commission and Committee Meetings

June			
Mental Health Commission	7	4:30-6:30pm	Zoom Online/Telephone Conference
MHSA-Finance Committee	15	1:30-3:00pm	Zoom Online/Telephone Conference
Quality of Care Committee	15	3:30-5:00pm	Zoom Online/Telephone Conference
Justice Systems Committee	27	1:30-3:00pm	Zoom Online/Telephone Conference
Executive Committee	27	3:30-5:00pm	Zoom Online/Telephone Conference

July			
Mental Health Commission	5	4:30-6:30pm	Zoom Online/Telephone Conference
MHSA-Finance Committee	20	1:30-3:00pm	Zoom Online/Telephone Conference
Quality of Care Committee	20	3:30-5:30pm	Zoom Online/Telephone Conference
Justice Systems Committee	25	1:30-3:00pm	Zoom Online/Telephone Conference
Executive Committee	25	3:30-5:00pm	Zoom Online/Telephone Conference

August			
Mental Health Commission	2	4:30-6:30pm	Zoom Online/Telephone Conference
MHSA-Finance Committee	17	1:30-3:00pm	Zoom Online/Telephone Conference
Quality of Care Committee	17	3:30-5:30pm	Zoom Online/Telephone Conference
Justice Systems Committee	22	1:30-3:00pm	Zoom Online/Telephone Conference
Executive Committee	22	3:30-5:00pm	Zoom Online/Telephone Conference

September			
Mental Health Commission	6	4:30-6:30pm	Zoom Online/Telephone Conference
MHSA-Finance Committee	21	1:30-3:00pm	Zoom Online/Telephone Conference
Quality of Care Committee	21	3:30-5:00pm	Zoom Online/Telephone Conference
Justice Systems Committee	26	1:30-3:00pm	Zoom Online/Telephone Conference
Executive Committee	26	3:30-5:00pm	Zoom Online/Telephone Conference

October			
Mental Health Commission	4	4:30-6:30pm	Zoom Online/Telephone Conference
MHSA-Finance Committee	19	1:30-3:00pm	Zoom Online/Telephone Conference
Quality of Care Committee	19	3:30-5:00pm	Zoom Online/Telephone Conference
Justice Systems Committee	24	1:30-3:00pm	Zoom Online/Telephone Conference
Executive Committee	24	3:30-5:00pm	Zoom Online/Telephone Conference

# Mental Health Commission

## 2023 Commission and Committee Meetings

November			
<b>Mental Health Commission</b>	<b>1</b>	<b>4:30-6:30pm</b>	<b>Zoom Online/Telephone Conference</b>
<b>MHSA-Finance Committee</b>	<b>16</b>	<b>1:30-3:00pm</b>	<b>Zoom Online/Telephone Conference</b>
<b>Quality of Care Committee</b>	<b>16</b>	<b>3:30-5:00pm</b>	<b>Zoom Online/Telephone Conference</b>
<b>Justice Systems Committee</b>	<b>28</b>	<b>1:30-3:00pm</b>	<b>Zoom Online/Telephone Conference</b>
<b>Executive Committee</b>	<b>28</b>	<b>3:30-5:00pm</b>	<b>Zoom Online/Telephone Conference</b>

December			
<b>Mental Health Commission</b>	<b>6</b>	<b>4:30-6:30pm</b>	<b>Zoom Online/Telephone Conference</b>
<b>MHSA-Finance Committee</b>	<b>21</b>	<b>1:30-3:00pm</b>	<b>Zoom Online/Telephone Conference</b>
<b>Quality of Care Committee</b>	<b>21</b>	<b>3:30-5:00pm</b>	<b>Zoom Online/Telephone Conference</b>
<b>Justice Systems Committee</b>	<b>26</b>	<b>1:30-3:00pm</b>	<b>Zoom Online/Telephone Conference</b>
<b>Executive Committee</b>	<b>26</b>	<b>3:30-5:00pm</b>	<b>Zoom Online/Telephone Conference</b>

<b>2023</b>	
<b>Holiday</b>	<b>Date</b>
New Year's Day	Monday, January 2nd (Observed)
Martin Luther King, Jr.'s Birthday	Monday, January 16th
Lincoln's Birthday	Monday, February 13th
Presidents' Day	Monday, February 20th
César Chávez Day	Friday, March 31st
Memorial Day	Monday, May 29th
Juneteenth	Monday, June 19th
Independence Day	Tuesday, July 4th
Labor Day	Monday, September 4th
Native American Day	Friday, September 22nd
Veterans Day	Friday, November 10th
Thanksgiving Day	Thursday, November 23rd
Day after Thanksgiving	Friday, November 24th
Christmas Day	Monday, December 25th

<b>Name</b>	<b>District</b>	<b>Position</b>	<b>Appointed</b>	<b>Expires</b>
Gina Swirsding	I	Seat #2	8/8/2017	6/30/2023
Geri Stern	I	Seat #3	8/8/2017	6/30/2023
Yanelit Madriz Zarate	I	Seat #1	3/1/2022	6/30/2023
Barbara Serwin	II	Seat #2	9/13/2016	6/30/2025
Dr. Rhiannon Shires	II	Seat #3	9/14/2021	6/30/2024
Pamela Perls	II	Seat #1	9/13/2022	6/30/2025
VACANT	III	Seat #2		
Douglas Dunn	III	Seat #3	2/9/2016	6/30/2025
Gerthy Loveday Cohen	III	Seat #1	6/7/2022	6/30/2025
Tavane Payne	IV	Seat #2	4/26/2022	6/30/2024
Kerie Dietz-Roberts	IV	Seat #3	7/26/2022	6/30/2025
VACANT	IV	Seat #1		
Laura Griffin	V	Seat #2	2/25/2020	7/1/2025
Leslie May	V	Seat #3	2/13/2018	12/31/2023
Joe Metro	V	Seat #1	5/22/2018	07/01/2024

**Representatives from the Board of Supervisors:**

Supv. Diane Burgis  
Representative III

Supv. Karen Mitchoff  
Alternate Representative IV

**NOTE:**

Seat #1 = Member-at-Large

Seat #2 = Consumer

Seat #3 = Family Member

## **Committee Membership Roster:**

### MHC Finance

Chair - Cmsr. Douglas Dunn, District III  
Cmsr. Leslie May, District V \*  
Cmsr. Gerthy Loveday Cohen, District III \*  
Cmsr. Rhiannon Shires, District II

### MHC Justice Systems

Cmsr. - Geri Stern, District I  
Cmsr. Gina Swirsding, District I \*  
Cmsr. Kerie Dietz-Roberts, District IV  
Cmsr. Gerthy Loveday Cohen, District III \*  
Cmsr. Tavane Payne, District IV  
Cmsr. Yanelit Madriz Zarate

### MHC Quality of Care

Chair - Cmsr. Barbara Serwin, District II  
Cmsr. Laura Griffin, District V  
Cmsr. Leslie May, District V \*  
Cmsr. Joe Metro, District V  
Cmsr. Gina Swirsding, District I \*

### K-12 Subcommittee \*\*

Chair – Laura Griffin, District V

\*Multiple committees (pick one)

\*\* New subcommittee under Quality of Care (discuss possible add to meeting schedule)