JUSTICE SYSTEMS COMMITTEE MONTHLY MEETING MINUTES July 24, 2018

	Agenda Item / Discussion	Action /Follow-Up
I.	Call to Order / Introductions	EA Transfer recording to computer
	Commission Chair Diana MaKieve call to meeting to order @2:01pm	5 1
	Members Present:	
	Chair- Diana MaKieve, District II	
	Vice Chair- Gina Swirsding, District I	
	Duane Chapman, Vice Chair for MHC, District I	
	Geri Stern, District I	
	Commissioners Absent:	
	Julie Ann Neward, District III	
	,	
	Other Attendees:	
	Roberto Vargas, Director of Safety and Performance Improvement, CCHS/CCRMC	
	David Seidner, Chief for Detention Mental Health	
	Liza A. Molina-Huntley, EA- MHC	
II.	PUBLIC COMMENTS- none	
III.	COMMISSIONERS COMMENTS	
•	Gina- concerned about growing numbers of homelessness, throughout Contra	
	Costa County, and California	
•	Geri- the Sheriff's Office returned her phone call, regarding Assisted	
	Outpatient Treatment (AOT) program referrals.	
IV.	Chair ANNOUNCEMENTS/COMMENTS	
•	Diana- interested in the Racial Justice Task Force, will be submitting their	
	recommendations and findings to the Board of Supervisors (BOS). Reached	
	out to Lara DeLaney, Acting Director, Office of Reentry & Justice, to request a	
	presentation, for the next meeting on August 28. Donte Blue, the Deputy	
	Director, will be presenting at the next meeting.	
•	Attended two meetings, pertaining to homelessness.	
V.	Approval of May 22, 2018 minutes.	Agendas and minutes can be found at:
•	Duane Chapman moved to motion, second by Gina Swirsding, to approve	https://cchealth.org/mentalhealth/mhc/
	the minutes.	agendas-minutes.php
•	Vote: 4-0-0	
	Ayes: Gina Swirsding, Diana MaKieve, Geri Stern and Duane Chapman	
	Abstain: none Absent: Julie Ann Neward	
VI.	RECEIVE presentation from the following: David Seidner, LMFT, CCHP-MH,	Value Stream Mapping (VSM) and Rapid
	Mental Health Program Chief for Detention Mental Health Services and	Improvement (RI) events can be viewed
	Roberto Vargas, Director of Safety and Performance Improvement,	<pre>online at: : https://cchealth.org/video/</pre>
	CCHS/CCRMC	
•	Roberto- specializes in improvement and product managing, identifying	
	problem areas and supporting team work and building system infrastructure	
	to advance forward. Initiated work, collaborating with various departments,	
	to align priorities and put patients at the center of all improvement work, by	
	using "lean management". A methodology to do product management and	
	get things done.	
	August 28, 2017- was the first session, towards improvement- the value	
	stream mapping event (VSM). A multi-disciplinary team, spanning across the	
	county, including different divisions of stakeholders involved in the entire	
	process. Many people had high interest in the progress of the process. The	
<u></u>	VSM was the opportunity to get a good understanding of what is the current	

- state of mental health care being delivered at detention facilities. Most of the time was focused on the Martinez detention facilities; the other facilities were included and visited as well during the event. The idea is, to understand the current process and have a share understanding, of impediments to achieving tasks. As a team, collectively look towards the future and what needs to get done to achieve the goals, looking at the current state and the future state. The VSM is a one week session, the report out was on September 1, inviting community partners.
- David- all presentations were filmed and on the website for viewing at: https://cchealth.org/video/. During the VSM event, time observations are conducted of each process and every process is logged. Measurements must be taken, before they can be changed.
- Roberto- the goal is: "provide high quality care for inmates (patients) that addresses all mental, physical and psycho-social needs; and is timely, trauma informed, culturally sensitive and respectful." The first week was to figure out the current and future state. The team breaks down processes into small pieces, called Rapid Improvement Events (RI). The RI event is the series of testing and interventions. Starting with "intake," the initiation of the processappropriate screening, enough supplies, knowing the workflow between different disciplines. There were a total of four different topics: intake, emergent mental health, specialty care/access, and pre T release/reentry. Each RI event is one week long and the videos are also available on the same website for viewing. After the events, the focus is sustainability of the changes implemented and sustain continue learning: teams continue to meet, after the event, improvement is ongoing and there is oversight continuing to measure successes and failures. Staff assessment was conducted and noted that additional staff is required to complete the workflow and redesign the team.
- David: was part of a team, that looked at the process of a different area, (nursing) and observed the workflow in the area. Some considerations were to reorganize the space so that it is efficient and to minimize waste. The patient is at the center of the entire process, beneficial to the patient. Some activities are system centered, beneficial to the system. There are three parts to moving forward: staff analysis/model (more staff is required), optimize and increase efficiency in the electronic health record (EHR), and facility upgrades/basic improvements. Optimizing the EHR is important, to be paperless. Martinez detention facility is outdated, as well as updated equipment needed to complete work properly. New work stations will be completed, soon. Staff, clinical staff and labor is one aspect. Detention is a large system; all three jails can hold approximately 1600 people, averaging 1450 to 1550. Many have health and mental health care needs. Some patients entering the system can be under extreme distress, entering detention can heighten symptoms, and we want to make sure that patients obtain the care that they need, while in the facility. Wanted for the patients and staff, at detention mental health, is privacy, dignity and safety. The mission is to provide overall health care to patients, regardless of their current legal status.
- Duane- what data/statistics does the detention mental health department keep?
- David- during the improvement events, the metrics becomes incredibly important, to be able to measure the improvements, from the changes being implemented. Some of the data available is- how many patients are receiving our service. We are in the process of building our reports, to capture data. One of the captured data, during the RI event, was release times. Release times are primarily in the morning; the data captured the peak release time is Thursday morning at 6am and at 7pm. This is important data, to organize

staffing needs, build programs and collaborations, to provide better services, post-release. Building the resources, for the patients. Our job is to open up the process, for patient centered care. The improvement work, Value Stream Mapping and Rapid Improvement events, started in the summer of 2017. The ongoing improvement group is called: "Detention Redesign". The group that I am working with is called: "Structure Activities". One of the collaborations with Behavioral Health, hospitals, clinics and detention is-presently, a Community Support Worker, from the Forensics program, who is certified to do Wellness, Recovery, Action Plan (WRAP) groups and comes in every Friday, to co-lead WRAP groups with one of our clinicians at the Martinez detention facility. This is an amazing collaboration, between divisions. The WRAP groups started in January of 2018, and there has been two graduations (8-10 week program), graduating six to seven patients, per group. The WRAP books are \$10 a piece, and the OCE Program Coordinator Jennifer Tuipulotu, was able to give the books to detention for their WRAP program at no cost to detention. Patients are now able to be shared, across systems, so postrelease communication will be easier, because of EHR, between detention and

- (A copy of the OCE newsletter was provided at the meeting. To receive copies contact the Office of Consumer Empowerment (OCE) offices at: 1330 Arnold Drive in Martinez, or call (925) 957-5105, to receive a copy).
- David- The data infrastructure is developing and by improving our data resources, we will be able to advocate better, to meet patient's needs.
 Detention does not bill for services.
- Duane- suggested that each Board of Supervisor's office obtain copies of the newsletter, City office and police departments. He will reach out to the office to obtain copies of the newsletter.
- Roberto- A "business intelligence" team is responsible for building reports for
 the improvement process, to help guide through the improvement work. The
 reports are built to better understand the improvements being made, and
 prioritize the data, to optimize the delivery of care. In the process of building,
 "dashboards," to be able to access important reports and data, quickly.
- Diana- Juvenile detention is utilizing interns, to assist with the caseload. Can interns be used in the adult mental health detention system?
- David- we are strategizing, to bring more staff on board, being creative in the process.
- Duane- what types of services are offered to ICE inmates, is Assisted
 Outpatient Treatment (AOT) offered? Does AOT have capacity to receive non-English speaking patients, or accept non-documented individuals?
- David- Federal inmates (females) have access to mental health services and may meet with mental health clinicians or psychiatrist. Male inmates were not receiving mental health services. Deferred AOT question to the AOT program manager, Dr. Marie Scannell.

VII. RECEIVE reports and update attendance participation at advisory bodies as agreed:

- Diana- Two objectives for participating in outside meetings, for the Justice Systems Committee: 1) awareness and to inform what is happening in the county, 2) how does it affect our consumers/clients in the county? 3) Finding value in serving as a Commissioner (personal accomplishment) find a way to do something important and valuable through the Justice Systems Committee. Finding a common goal, on why we volunteered to serve in the first place.
- There is a lot of change going on in the county, and we should take interest in: diversion program in Antioch, Community Corrections Partnership (meets quarterly, next meeting on September 7) department

Link to Homelessness webpage: https://cchealth.org/healthcare-for-homeless/

heads, attend the meeting; and discuss funding, assessment tools to determine the severity of the crime, risk of the individual fleeing, a high-level view of what is coming and the work being done. The next steps - a public safety assessment, the criteria for staying in jail, or released until trial. Not using the crime, to determine the risk.

- The Juvenile Justice meeting, a judge participates, part of the judicial counsel, involved in training and communicating new information. The groups are really dedicated to helping the kids and reduce recidivism.
- The Council on Homelessness is similar to the MHC: micro-housing and Point in Time (PIT)
- Continuum of Care: Director of H3, Lavonna Martin and staff, chair the meeting. Discussed the equity in homelessness in Contra Costa County, the trend is that homelessness is increasing statewide: where are the highest levels of homelessness, what are the causes of homelessness, how do we help to break the trends in homelessness (approximately 200 attendees). Definition, stated at meeting: "help is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity." It is more about the whole person. During the meeting, attendees were set into groups to discuss what can be done to make a difference?
- Due to the high costs of housing, and low salaries, more and more are staying at home or renting, in groups. People that do not have a safety net are homeless. We need to work together to find ways to make housing a priority. Foster care kids do not have a safety net.
- Would like a representative from MHET, to present at the September 25 meeting, to educate the Committee, pertaining to the training provided officers answering to 5150 calls
- Note: without accurate data, it is difficult to determine needs.
- Geri- contacted the Sheriff's office to learn more about the training that
 officers are receiving, for crisis intervention. Attended the AOT meeting,
 representing the MHC. Doug co-chaired the meeting. Would like to
 provide to officers, responding to a 5150 call, a tool to handout to
 families.
- i. Community Corrections Partnership- the next meeting will be on 9/7/18 at: 50 Douglas Drive in Martinez (Sequoia room)
- ii. Juvenile Justice/Delinquency Prevention Commission meeting- (First Wednesday of every month), September 5 from 6:30pm-7:30pm, at: Walnut Creek Superior Court, 2nd floor Dept. 5, 640 Ygnacio Valley Rd, Walnut Creek
- iii. Council on Homelessness meeting will be on Thursday, September 6, 1pm to 3pm, at: 50 Douglass Drive, Martinez, in the Sequoia room.
- iv. Continuum of Care- next meeting, Friday October 19 (**check website)
- v. Assisted Outpatient Treatment Workgroup meeting will be on Friday, October 12, from 10am to 11:30am, at 50 Douglass Drive, in Martinez in the Sequoia room.

VIII. DISCUSS agenda for August 28, 2018 meeting:

- The main focus for the agenda will be the Racial Justice Task Force recommendations, presented to the BOS- by Deputy Director, Donte Blue
- Invite representative to discuss the above
- The Committee has agreed to continue to attend meetings to learn more about mental health services, in detention, probation and how law enforcement and consumers relate.

VIII. Adjourned Meeting at 3:40pm

*September 24 meeting:
MHET representatives request to present
and provide updates, sent to- Dr. Jan
Cobaleda-Kegler (pending confirmation)
**October 23 meeting:
Crisis Intervention Team
(contact Dr. Jan Cobaleda-Kegler, for
scheduling