## MHSA-FINANCE Committee MONTHLY MEETING MINUTES August 17, 2017 – FINAL

	Agenda Item / Discussion	Action / Follow-Up
I.	Call to Order / Introductions Chair, Lauren Rettagliata, called the meeting to order at 1:07 pm.  Commissioners Present: Chair- Lauren Rettagliata, District II (arrived @1:07 pm) Vice-Chair-Douglas Dunn, District III (arrived @1:23pm) Diana MaKieve, District II Duane Chapman, District I	Executive Assistant:
	Commissioners Absent: Sam Yoshioka, District IV  Other Attendees: Dr. Francis Barham Adam Down-MH Project Manager Jill Ray, Field Representative, District II	
II.	<ul> <li>Public comments:         <ul> <li>Dr. Barham- would like to see fabrication and fraud on the next agenda in response to the Grand Jury Report, or another way to look at it is simple error</li> <li>Lauren – explained the process of public comment and that no comment will be made at this time referencing Dr. Barham's remarks</li> </ul> </li> </ul>	
III.	Commissioners comments:  • Lauren- attended a meeting, with the dioses of Oakland with their faith in justice. There are a number of offices within the Chancery, and one of the offices is faith and justice. Several past Commissioners were present, to ask the Catholic faith to become more involved in the faith net meetings and information regarding mental health and mental illness and what they need to know and how they can become partners. In many instances, the faith communities are the first responders. They just started a new prison ministry and we asked which facilities they were in contact with, they named three detention facilities that were in Alameda County. We did explain the need to be inclusive of Contra Costa County. We hope to get the faith community that represents over 66% of our population in Contra Costa County more involved.	
IV.	<ul> <li>Chair announcements:</li> <li>Lauren- informed that both she and Duane were at the Family and Human Services meeting on the Grand Jury Report. In her opinion, she is disagreement with the response submitted.</li> </ul>	
V.	Approve minutes from July 20, 2017 meeting MOTION to approve minutes made by Diana, seconded by Duane. Lauren provided corrections to Adam VOTE: 3-0-0 YAYS: Lauren, Duane and Diana NAYS: none ABSTAIN: none ABSENT: Sam and Doug arrived late	*Executive Assistant Correct minutes and post finalized minutes.
VI.	REVIEW 2017 Committee goals and DISCUSS the areas of focus in order to obtain the desired goals	*Adam will provide an updated list of the contracts for the next

 Lauren- Discussion regarding the Committee's goals, included in the Year-End Report. The priority of the Finance Committee is to ensure that the funding of mental health is focused on improving the care and treatment for people diagnosed for mental illness that is the number one goal.
 Adam has provided the contracts for reviewing.

- The Finance Committee is interested in knowing when contracts go out for rebid and if there is a policy regarding the process? The Committee would like feedback from the Mental/Behavioral Health Administration regarding the process.
- Adam- the Chief of Operations for Behavioral Health Division will be developing a contracts unit over the next year. The division is working on streamlining efforts to eliminate duplication and become more efficient. All contracts will be centralized under one unit and Helen is in charge of the unit, as the Chief of Operations.
- Lauren- Discussed concerns regarding programs that show deficiencies, what entity is in charge of addressing the deficiencies? Duane- added, programs with deficiencies, are dealt by the State licensing board. It should be the State's responsibility.
- Goals: the Committee will focus on understanding the systems of care, within Contra Costa County. Consider collaborating with the Quality of Care Committee on housing issues. Create a plan to determine how funding affects the quality of treatment of care.
- The Committee's main focus was to create a subcommittee to prepare and collaborate with the Behavioral Health Care department and collaborate in the development of a mental health system and budget crisis document. The document created was the White Paper, which is currently under discussion with Family and Human Services and the Board of Supervisors.
- VII. DISCUSS the Contra Costa County Budget for Mental health and identify the accomplishments for 2016-2017 (To obtain a copy of the Contra Costa County 2017-2018 budget, please copy and paste the link-http://www.cccounty.us/DocumentCenter/View/45595
  - Doug- Explained the four main funding streams for Mental/Behavioral Health Administration for the County. FFP being the largest \$66 million and Realignment Funds \$57 million, then MHSA funds \$43 million will go to \$51 million, starting 2017-2018, there are some additional miscellaneous funding streams.
  - Lauren- added that it depends on the 1115 and the 2020 waivers
  - Doug- would like more information regarding the current funding sources for the Behavioral/Mental Health Division.
  - Lauren- would like, the Committee or Commission, to be educated regarding understanding the budget and the funding streams.
  - Diana- asked how will obtaining the financial information, help the Committee, prepare for the October meeting. Lauren stated that the information is being requested to be more involved in providing input
  - Doug- reinforced that it is important to understand all the pieces of the budget to make better informed recommendations.
  - Diana- is uncertain on how the Committee will have the ability to look at the budget and make decisions on funding or programs
  - Doug and Lauren clarified that the Committee would like a better understanding of the budget and that the Committee is not trying to

meeting on September 21

- resolve problems, just address issues and/or assist in making recommendations
- Duane- wondered how many counties, are struggling with similar constraints and issues throughout their counties?
- Doug mentioned that he would like to obtain an accurate account of data from the Sheriff's department regarding the amount of mentally ill that are in detention. Doug did some research, on the issue, and came across a statewide study done by Stanford University, noting that in 2012 the State was ordered to reduce the jail population by order of a Federal Judge due to overcrowding and that reduced population and a large amount of the population was sent back to the County's facilities. That study found that the entire growth, since 2012, has been serious mental illness inmates. So the problem is a lot more serious than it used to be.
- Duane- asked for a copy of the document and Doug stated that he will provide a copy of the study. Duane did reiterate that it is important, prior to making statements, that documentation be provided and distributed for the Committee to review and verify. Information on the internet still must be verified.
- Doug stated that he will forward the study to the EA, to be included with the September meeting packet.
- The Committee, along with other attendees, would like to for the Behavioral Health Director to inform who the current Medical Director is, to eliminate confusion.
- Committee members would like someone from the Financial Office and Behavioral Health Services, to explain the current budget along with the process, to educate and be able to answer questions. If possible, for the September meeting, or October?
- Doug and Lauren- have several questions regarding the different funding streams and how they are allocated. Lauren suggested that the Committee's September meeting study the budget and focus on preparing questions regarding the budget.
- Adam will send a request for available presenters for October 19.

- \*Adam will also provide updated financial FFP and Realignment documents, along with other funding streams for the September meeting
- \*Doug will send the Stanford study to Adam/Liza to attach to the September meeting packet
- \*Adam- Invite Pat
  Godley or a
  representative from
  County Financial office
  or Behavioral Health
  Finances to explain the
  entire
  Behavioral/Mental
  Health budget to the
  Committee

## VIII. DISCUSS recent Grand Jury Reports addressing mental health

- Lauren- announced the report came out of the White Paper document. The Commission would like to know how the County plans to attract and hire more Psychiatrists. It is unfortunate that Contra Costa County is the third lowest payer of all the counties in California. Stated that she was made aware that psychiatrists have not received any pay increases in the last ten years. Is aware of the efforts made by Dr. Jon Whalen, who has tried to recruit more psychiatrists. However, there is still a shortage of doctors, leaving long waiting lists. Incentives are needed to attract doctors into the County mental health care system.
- Dr. Frank Barham, a retired child psychiatrist, announced his perspective, regarding the report. According to Dr. Barham, there are inconsistencies in the report and in some of the responses. He has written several articles, regarding the issues of severally mental ill children, one was published in the Contra Costa times
- Dr. Barham- informed the Committee that he has worked, primarily in private practice. He also worked for Contra Costa County and for the State for over seven years. He stated that Contra Costa County is one of the lowest paying Counties in the State of California. And, because of the low wages, it is difficult for the county to maintain qualified doctors and

\*MOTION to be forwarded to the full **Mental Health Commission agenda** for October 4, 2017 meeting. To discuss that Behavioral Health Services, and the **Board of Supervisors,** were informed after the responses were received, that the information contained in the responses to the Grand Jury Report appears to be inaccurate. Particularly, regarding Psychiatric staff at the West County clinic.

staff. Qualified professionals are being hired by neighboring counties or private hospitals that offer higher salaries, benefits and other compensations. He concurred, with Dr. Jon Whalen, regarding the need to increase salaries. Dr. Whalen has been working hard to recruit, without avail. As per Dr. Barham, Dr. Whalen is currently working at the West County clinic, part-time, as a child psychiatrist due to minimal staff. He would like there to be more staff at all facilities throughout the County. Dr. Barham disagrees with the responses, specifically regarding the number of psychiatrist currently on staff in the county and regarding the patient wait time. He believes that the patient wait time to see a psychiatrist is longer, than what was stated in the responses to the report. He mentioned that data stated in the responses was not current. Dr. Barham did not provide the Committee with any documentation to substantiate his claims, regarding any incorrect information provided in the responses, to the Grand Jury Report, by the Behavioral Health Division. Dr. Barham attended the Grand Jury Report, at the Board of Supervisor's meeting when the Board reviewed the responses.

- Lauren and Doug agree with Dr. Barham's claims and with the claims made in the "White Paper" document.
- Duane requested documentation or evidence to the statements. He would like more information, before agreeing with claims.
- Jill- informed the Committee, that the Board of Supervisors is aware of issues and they are open to hearing evidence brought before the Board. You can't make presumptions of what the Grand Jury might have meant by a statement, if it's inaccurate in any way, the Board cannot agree with it because of the inaccuracies. It is a very specific process for a very specific reason. While we all recognize the need for more mental health services and the Family and Human Services was in agreement with that. Responses to a Grand Jury, versus the issues at hand, are two very different things. Sometimes people want to use the Grand Jury as the hammer to put pressure on the Board of Supervisors. John and Candace, as the Family and Human Services Committee, are very open, to listening to the concerns. They did ask for Behavioral Health to amend some of the responses and to get more information present at an upcoming, Family and Human Services meeting. That is where change is going to happen. Not in the Grand Jury Report. The response letter went before the Board of Supervisors, it was passed on consent on Tuesday (August 15, 2017), and it's done. I am struggling with what is the purpose now, in debating how to respond to the Grand Jury. When really, what the issue is, we need a deeper dive into the subject matter versus how should we have responded differently when that issue is done.
- Lauren stated that the matter originated in the MHSA/Finance Committee and disagrees with the response because the respondent wholly disagreed and not partially disagreed.
- Jill- if something is presented that is partially incorrect, the response will be to disagree because it is partially untrue or inaccurate. The Behavioral Health Division will do a full analysis and when it is completed, and then the issue can be discussed further.
- Jill -reiterated that the responses are done. Suggested that if there are issues that the Committee disagrees with or thinks that there needs to be a deeper dive, than bring the issues forward. Arguing about whether something should have been agreed with, disagreed with or whatever, is to no avail.

- Lauren and Doug believe that they are bringing forward the point of the lack of psychiatrists, on staff, within the County and utilizing outside providers
- Dr. Barham stated that he can go to the Grand Jury and pointed out that their conclusion is incorrect and that it should be investigated further
- Jill- informed that anybody can go to the Grand Jury and ask them to investigate anything. It is up to the Grand Jury whether they choose to do it.
- Dr. Barham did insist that his statements are accurate.
- Lauren and Doug agreed that only Behavioral Health Administration would be able to clarify.
- Lauren and Doug asked Jill, what would happen next, regarding the report?
- Jill- The report went to the Board of Supervisors on Tuesday, it passed on consent. No one pulled it off the agenda, everybody approved it. Some of the issues will be going back to Family and Human Services. Both Supervisor Gioia and Supervisor Andersen asked for more detailed information. At this point in time, it has nothing to do with the Grand Jury anymore. There are issues that were raised, that are a concern in our county, by our Supervisors.
- Lauren- the Committee would like to move, to put before the Commission, that the Commission should inform the Board of Supervisors this knowledge and that their responses to the Grand Jury may want to be re-looked at. Does anyone want to put forth that motion?
- Diana- informed the Committee that the 2016 Data Notebook is a
  document that takes an in-depth look, into the county's children's mental
  health services; it might address some of the issues being currently
  discussed. She asked if the document had been completed to be shared
  with the Commission.
- Duane stated that he and Barbara are still working on completing their sections. In addition, Duane stated that the Commission's role is to advocate regarding mental health issues, within the county.
- Lauren- made a MOTION that the MHSA/Finance Committee would inform the Board of Supervisors of the information that was discussed in during this Committee meeting, on August 17, 2017 that the information presented, by Behavioral Health Services, were incorrect; specifically, regarding the staff, at the West County Children's clinic.
- Duane suggested changing the wording in the motion and to use the word "appears" that there may be discrepancies, since there is no documentation or evidence to substantiate claims that were made.
- Diana- asked why the issue wasn't challenged at the meeting.
- Also, asked what would happen if the Committee reached out to the Behavioral Health Administration and discussed the information and the issues, collectively, instead of going to the Commission and the Board of Supervisors?
- Doug- restated the MOTION: THE MHSA/FINANCE Committee was presented with evidence that Behavioral Health Services response to the Board of Supervisors, particularly as it relates to Child Psychiatrist at West County Clinic is incorrect. I.e. no full time staff Children's Psychiatrist at West County clinic
- Adam- requested that the Committee clarifies the action to be taken by the Committee and reminded that all motions need to be forwarded to

the full commission, first.

- Lauren- agreed with the motion, as stated by Doug, and requested the motion to be seconded. Duane **seconded the motion.** Lauren opened the forum for discussion.
- Diana suggests and prefers that the issue be handled in a more direct manner with the Behavioral Health Division, first, before the motion.
- Doug reiterates that it is an issue to be handled by the Board of Supervisors, since the Board approved the responses, therefore the Board should be notified of the incorrect responses and clarified.
- Jill- The information discussed may not be factual. The statements are presumptions that may or may not be true
- Doug reconsidered the wording in the motion and agreed, with Duane, to replace "evidence" and add the word "appear"
- Lauren- Would like for the Behavioral Health Services Division to show the Commission, that the statements are incorrect, then the Commission will stand corrected. Prefers the wording of the motion to stay as stated by Doug.
- Duane acknowledged Lauren's preference but recognized that there is a lack of evidence and documentation. Reiterates agreement to change the wording and utilize the word "appear".
- Dr. Barham stated that he has personal notes that he has taken regarding
  the lack of psychiatrists throughout the county. He suggested that the
  Committee members conduct their own investigation, create the
  evidence and documentation to substantiate the statements. Lauren
  asked Dr. Barham for documentation, which he could not provide during
  the meeting.
- Lauren agreed with Dr. Barham, to include the Committee's investigation and further documentation, in the motion and invited Dr. Barham to be part of the investigation, for the Commission. The Committee will bring forth the evidence to the Commission. Lauren, Doug and Dr. Barham will start their investigation and document facts, to present to the Commission and the Board. The three will start, following the Committee meeting, by requesting information from the staff at the County's Central Children's clinic. Lauren would like to present the findings at the October Mental Health Commission meeting.
- Lauren- The motion is on the floor, it's has been seconded all those in favor?

VOTE: 4-0-0 YAYS: Lauren, Doug, Duane, Diana NAYS: none ABSTAIN: none ABSENT: Sam

## IX. DISCUSS and identify possible areas for improvement for 2018-2019

 Lauren- moved the agenda item, due to the lack of time, to the September agenda \*moved item to September agenda

## X. Adjourned at 2:47pm

Minutes provided by: Liza Molina-Huntley Executive Assistant to the Mental Health Commission CCHS-Behavioral Health Administration FINAL MINUTES APPROVED ON 9/21/17