

CONTRA COSTA COUNTY
 MENTAL HEALTH COMMISSION
 MONTHLY MEETING MINUTES FROM JANUARY 8, 2015 – Final

Agenda Item	Discussion	Action / Follow-Up
I. Call to Order/ Introductions	<p>The meeting was called to order at 4:45 pm by MHC Chairperson Lauren Rettagliata.</p> <p><u>Commissioners Present</u> Greg Beckner, District IV (arrived late) Louis Buckingham, District III Evelyn Centeno, District V (arrived late) Dave Kahler, District IV Tess Paoli, District III Lauren Rettagliata, District II Barbara Serwin, District II Gina Swirsding, District I Sam Yoshioka, District IV</p> <p><u>Commissioners Absent</u> Peggy Black, District I Jerome Crichton, District III Teresa Pasquini, District I Supv. Candace Andersen, BOS Rep.</p> <p><u>Non-Commissioners Present</u></p> <ul style="list-style-type: none"> • Lisa Cabral, MHA • Deborah Cunningham, MHC Applicant • Travis Curran, Crestwood Healing Center • Douglas Dunn, NAMI-CC • Peggy Harris, Concerned Citizen • Ralph Hoffmann, Senior Mobility Action Council • Peggy Kennedy, Former Commissioner • Susan Medlin, Office of Consumer Empowerment • Victor Montoya, MH Adult/Older Adult Program Chief • Jennifer Morgan, Family Advocate • Jill Ray, Supv. Andersen’s MHC Liaison • Roberto Roman, Office of Consumer Empowerment • Karen Shuler, MHC Executive Assistant • Doug Sibley, Alcohol & Other Drugs Advisory Board • Connie Steers, CPAW • Jennifer Tuipulotu, Children’s MH • Janet Marshall Wilson, JD, Community 	<p><i>Transfer recording to computer.</i></p> <p><i>Update Commissioner Attendance Chart</i></p> <p><i>Update Data Base</i></p>
II. A few words from 2015 Chair Lauren Rettagliata	<p>Lauren asked Roberto Roman from the Office of Consumer Empowerment to open the first meeting of 2015 by singing a song. Roberto sang a very moving rendition of “You’ll Never Walk Alone.” It was well-received and appreciated by all and set the tone for a positive beginning to the new</p>	

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	<p>year. Lauren thanked Roberto and read the following inspirational saying: <i>Hope is important because it can make the present less difficult to bear.</i></p>	
<p>III. Announcements</p>	<ul style="list-style-type: none"> • Outgoing 2014 MHC Chairperson was presented with a Bonsai tree in appreciation of his service, • Newly-resigned Commissioner Peggy Kennedy was given a Certificate of Appreciation to acknowledge her service to the Commission. Peggy thanked the MHA, MHC and its staff and gave a few words of encouragement to the Commissioners. Vic thanked her for her contributions and spoke about how much her voice on the Commission will be missed. • District II Consumer Representative Barbara Serwin was welcomed as the newest appointee to the MH Commission. • Consumer Representative Tess Paoli has transferred to District III. • Sam mentioned that due to an oversight, Veterans were not recognized at the November Commission meeting. He recognized Veterans who were present and they were thanked for their service: Dave, Louis, Karen, Doug Sibley and Karen. 	
<p>IV. Public Comment and Commissioner Comments</p>	<p><u>Public Comment</u></p> <ul style="list-style-type: none"> • Ralph Hoffmann commented that consumers who use mass transit are sparing the air. He added that tomorrow is the 8th Spare-the-Air Day in a row. • Doug Sibley introduced himself as the new Chairman of the AOD Advisory Board. He thanked Sam for being a liaison to AOD from the MHC and invited Commissioners to attend the January 28th AOD meeting. He concluded by stating that if the MHC would like them to, they could formally agree to implementation of Laura’s Law. • Janet Marshall Wilson, JD, wanted the MHC to know she has accepted requests to assist adult consumers regarding the benzodiazepine policy (adult mental health). • Connie Steers said the Kaiser mental health workers are striking next week in support of parity for private health care. <p><u>Commissioner Comments</u></p> <ul style="list-style-type: none"> • Louis commented that Roberto’s song was very inspirational and expressed the desire to have him sing it 	<p><i>Doug asked to be placed on the MHC mailing list.</i></p>

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	<p>before each MHC monthly meeting.</p> <ul style="list-style-type: none"> • Sam expressed the desire to have Commissioners recognized for their years of service (5, 10, etc.) and not just when they leave the Commission. He gave examples from recognitions he has received. 	
<p>V. Approval of the MHC Minutes from January 8, 2015</p>	<p>➤ Sam made a motion and Louis seconded to approve the Minutes from January 8, 2015. Discussion: Evelyn questioned wording on page 7 regarding questions about the name of the position being requested in the Criminal Justice Committee Resolution. Karen explained there had been confusion and she had been asked to get clarification of the exact name of the position. Evelyn said she agreed with Karen that a discussion came about the specific job title after I gave my report. Then I repeated again that any other statement regarding confusion on the job title came as part of the discussion that ensued after I read my report. Vote: By a unanimous vote of 9-0-0, the minutes were approved as corrected. <u>Yes (9):</u> Greg, Louis, Evelyn, Dave, Tess, Lauren, Barbara, Gina, Sam <u>No (0)</u> <u>Abstain (0)</u> <u>Absent (4):</u> Peggy, Jerome, Teresa, Supv. Andersen</p>	<p>➤ Minutes from 1/8/15 passed unanimously.</p> <p><i>Post to MHC website.</i></p>
<p>VI. On advice from County Counsel, due to a tabulation error, re-vote on the three 2015 Executive Committee Member positions. Also, due to the resignation of newly-elected Vice Chair Peggy Kennedy, vote for Vice Chair of the Commission.</p>	<p>The Nominees for 2015 Vice Chair of the Commission were Sam Yoshioka and Teresa Pasquini. Dave Kahler had been nominated, but withdrew. Prior to the vote, Sam announced that he was also withdrawing his name. There were no new nominations from the floor. Before the vote, Lauren said she had planned to ask each nominee to give a brief statement about what they could bring to the position for which they had been nominated, and because Teresa was unable to be present due to illness, Lauren read a statement from Teresa.</p> <p>➤ Teresa was elected Vice Chair by a vote of 8-0-1. <u>Yes (8):</u> Greg, Louis, Evelyn, Dave, Tess, Lauren, Barbara, Gina. <u>No (0)</u> <u>Abstain (1):</u> Sam <u>Absent (4):</u> Peggy, Jerome, Teresa, Supv. Andersen</p> <p>The Nominees for the remaining three members of the Executive Committee were Evelyn Centeno, Dave Kahler, Tess Paoli, Teresa Pasquini, Gina Swirsding, and Sam Yoshioka. Because she was elected Vice Chair, Teresa's</p>	<p>➤ Teresa elected as Vice Chair 8-0-1.</p> <p>➤ Elected members of the Executive Committee: Evelyn elected 8-0-1. Gina elected 9-0-0. Sam elected 8-0-0.</p>

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	<p>name was removed from consideration. Tess and Dave both withdrew their names from nomination. There were no new nominations from the floor. Each nominee gave a brief statement regarding what they could bring to the Executive Committee.</p> <p>➤ Vote for members of the Executive Committee:</p> <ul style="list-style-type: none"> ✓ Evelyn was elected to the Executive Committee by a vote of 8-0-1. <u>Yes (8):</u> Greg, Louis, Evelyn, Dave, Lauren, Barbara, Gina, Sam. <u>No (0)</u> <u>Abstain (1):</u> Tess <u>Absent (4):</u> Peggy, Jerome, Teresa, Supv. Andersen ✓ Gina was elected to the Executive Committee unanimously by a vote of 9-0-0. <u>Yes (9):</u> Greg, Louis, Evelyn, Dave, Tess, Lauren, Barbara, Gina, Sam. <u>No (0)</u> <u>Abstain (0)</u> <u>Absent (4):</u> Peggy, Jerome, Teresa, Supv. Andersen ✓ Sam was elected to the Executive Committee by a vote of 8-0-0. <u>Yes (8):</u> Greg, Louis, Dave, Tess, Lauren, Barbara, Gina, Sam. <u>No (0)</u> <u>Abstain (0)</u> <u>Absent (4):</u> Peggy, Jerome, Teresa, Supv. Andersen <p>Write-In: Louis received 1 write-in vote. <u>Yes (1):</u> Evelyn <u>No (0)</u> <u>Abstain (0)</u> <u>Absent (4)</u> Peggy, Jerome, Teresa, Supv. Andersen</p> <p>Evelyn, Gina and Sam were elected as members of the Executive Committee on the first ballot.</p>	
<p>VII. Mental Health Commission Retreat</p>	<p>Jerome was unable to be at the meeting to give a report on the Retreat. Vic said MHA could send out a Request for Interest to potential facilitators on behalf of the Commission. In order to do that, the Commission would first need to decide on a specific date. He suggested sending out a Doodle Poll aiming for dates in the last two weeks of March. Results from the Doodle Poll should be gathered over the next two weeks.</p>	<p><i>Send out Doodle Poll to Commissioners with a deadline date of January 23rd.</i></p>

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	<p>Vic added that an L-3 may be able to be used for payment of facilitator, shortening the period needed to develop a contract.</p> <p>Sam asked if Jerome screening candidates he (Jerome) recommended would be a conflict of interest.</p> <p>Vic said it would be a conflict of interest.</p>	
<p>VIII. Behavior Health / Mental Health Director's Report</p>	<p>Vic said Bernadette Banks has been given a Patients' Rights Contract.</p> <p>Vic announced they have hired Jennifer Morgan to be the Mental Health Family Services Coordinator. She will be visiting facilities to get familiar with where the consumers and their families are.</p> <p>EPIC Electronic Medical Records are using Tapestry programming. It was suggested that a representative from Tapestry be invited to speak to the Commission.</p> <p>Vic also announced Dr. Victor Perez has been hired.</p> <p>The Forensic Clinic is opening at 1530 Willow Pass Road on the 15th. Vocational Services will move from 1420 to 1530.</p> <p>Vic said they've been talking about how to bring children's issues to the Commission. He announced they may open a children's and older adult clinic in East County.</p> <p>Dave asked about what maintaining a relationship with Bob Thigpen.</p> <p>Sam asked that the MHC be told of changes in legislation.</p> <p>Vic recommended that these items be taken to the Executive Committee and discussed and assigned to committees.</p> <p>Vic was thanked for his report.</p>	<p><i>Refer inviting Tapestry to Executive Committee.</i></p>
<p>IX. Report from Commissioner Louis Buckingham on his participation in the process of choosing the Family Advocate.</p>	<p>Louis reported it was a pleasure working with Vic.</p> <p>He said the choice was made based on the application, qualification, and experience. He said it was a fair process and he was glad to be a part of it.</p>	
<p>X. MHC Committee Reports</p>	<p>1) Criminal Justice Committee Report – Evelyn Centeno, Chair</p> <p>Louis mentioned concerns regarding the use of different colored clothing to separate the juveniles in the Ranch Programs gave the impression of separation and being segregated by colors as they were when in gangs. He would like this practice stopped.</p>	

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	<p>Evelyn reported on the Committee’s 2015 Goals – including increasing Behavior Health Court capacity and developing a survey as a follow-up to 5150 experiences.</p> <p>2) MHSA/F Committee Report – Teresa Pasquini, Chair The MHSA/Finance Committee did not meet in December.</p> <p>3) Quality of Care Committee Report – No current Chair Due to Peggy Kennedy’s resignation, there is no current Chair of the Quality of Care Committee. Karen was not present due to her eye surgery, so Lauren took notes at the meeting. Those notes will be distributed with the next Quality of Care Packet.</p>	
<p>XI. Commissioner Representative Reports</p>	<p>1) AOD Board – Sam Yoshioka, MHC Representative Sam reported that the AOD Board had a speaker funded by the National Institute of Health who gave a definition of recovery. Doug Sibley gave the meeting schedules.</p> <p>2) Behavioral Health Integration Steering Committee – Sam Yoshioka, MHC Representative No report.</p> <p>3) Community Corrections Partnership Report – Evelyn Centeno, MHC Representative No report.</p> <p>4) CPAW – Lauren Rettagliata and Gina Swirsding, MHC Representatives Gina says she is interested in talking about children’s issues, but did not attend. Lauren gave a financial summary. A schedule from Warren was distributed. Staff was asked to get 2014-2017 MHSA Plan from Warren for the MHC.</p> <p>5) Homeless Board Meeting – Evelyn Centeno, MHC Representative No report.</p> <p>6) Social Inclusion Committee – Volunteer needed to represent the MHC</p>	<p><i>Request 2014-2017 MHSA Plan from Warren and distribute to MHC.</i></p>
<p>XII. Adjourn Meeting</p>	<p>The meeting adjourned at 6:30.</p>	

Respectfully Submitted,
 Karen Shuler, Executive Assistant
 Contra Costa County Mental Health Commission