

**CONTRA COSTA COUNTY MENTAL HEALTH COMMISSION
MINUTES FROM SEPTEMBER 11, 2014 – 1ST DRAFT**

Agenda Item	Discussion	Action / Follow-up
<p>I. Call to Order / Introductions</p>	<p>The meeting was called to order by MHC Chairperson Sam Yoshioka at 4:32 p.m.</p> <p><u>Commission Members Present:</u> Peggy Black, District V Louis Buckingham, District III Evelyn Centeno, District V Jerome Crichton, District III Dave Kahler, District IV Peggy Kennedy, District II Tess Paoli, District II Lauren Rettagliata, District II Gina Swirsing, District I Sam Yoshioka, District IV</p> <p><u>Commission Members Absent:</u> Teresa Pasquini, District I Supv. Karen Mitchoff, BOS Representative</p> <p><u>Non-Commission Members Present:</u> Stan Baraghin, Guest Greg Beckner, Consumer Hillary Bowers, Recovery Innovations Lisa Cabral, MHA Travis Curran, Crestwood Healing Center Georgette Howington, Parent Kimberly Krisch, Volunteer Lindy Lavender, Supv. Mitchoff's Office Victor Montoya, Adult/Older Adult MH Program Chief Mariana Moore, Human Services Alliance of C.C.C. Kassie Perkins, ANKA BHI Erin Reaka, Crestwood Healing Center Roberto Roman, Office of Consumer Empowerment Karen Shuler, MHC Executive Assistant Connie Steers, CPAW, BHCP James, Guest</p>	<p><i>Update Commissioner attendance</i></p> <p><i>Update database</i></p>
<p>II. Public Comment Followed by Commissioner Comment</p>	<p>Public Comment: None.</p> <p>Commissioner Comment:</p> <ol style="list-style-type: none"> 1) Gina commented about how she felt Laura's Law has created division between family members and consumers. She said they needed to work together to make it a better law to be a good example. She feels the law can be abused. He added there is no protection from abuse in the law for consumers. 2) Peggy K. said she wanted to put in perspective about Crestwood. A discussion was held at the Quality of Care meeting regarding concerns about Crestwood with Travis present. The Committee decided to continue their 	

	<p>discussion at their next meeting on September 18th after receiving the Community Care Licensing Report.</p> <p>3) Peggy B. commented about the community dually diagnosed and AOD.</p>	
<p>III. Announcements</p>	<p>1) Sam announced that they are taking nominations for officers and the slate will be presented at the October meeting. Chair, Vice Chair and 3 members of the Executive Committee will be voted on at the November meeting.</p> <p>2) Lauren said she would like the MHC to present a plaque to Colette in recognition of her service to the Commission.</p> <p>3) Gina mentioned it was Suicide Prevention Week. There will be a Walk on Saturday in Richmond.</p> <p>4) Evelyn announced there will be a Peace Rally in Antioch on September 20.</p> <p>5) Karen announced that Marti Wilson from the Behavior Health Court had requested white shirts for a client who recently got hired. Medium-size button shirts with collars (preferably short-sleeved) can be dropped off at Mental Health Administration.</p>	<p><i>E-mail Commissioners requesting nominations, and forward to the EC for placement on the October MHC Agenda.</i></p> <p><i>E-mail Commissioners with Marti Wilson’s contact information. Let MHA Reception know about shirts.</i></p>
<p>IV. Approval of the MHC Minutes from August 14, 2014</p>	<p>➤ A motion was made to approve the August 14, 2014 minutes.</p> <p>Motion: Peggy Second: Evelyn</p> <p>Discussion: On page 3, Gina asked that the statement about Colette remaining angry be changed. Peggy suggested that it could be removed altogether.</p> <p>Vote: By a unanimous vote of 10-0-0, the Minutes were approved as corrected.</p>	<p>Approval of Minutes: <u>Yes (10):</u> Peggy B. Louis Evelyn Jerome Dave Peggy K. Tess Lauren Gina Sam <u>No (0)</u> <u>Abstain (0)</u> <u>Absent (2):</u> Teresa Supv. Mitchoff</p> <p><i>Correct Minutes and post to web</i></p>
<p>V. Crestwood Healing Center Presentation</p>	<p>Travis Curran and Erin Reaka gave a powerpoint presentation about Crestwood Healing Center. <i>(Entire powerpoint is attached to the end of the Minutes.)</i></p> <p>Discussion: Travis said there are 80 clients and the Bridge and Pathway Programs are housed separately. They have individualized programs. They use a skill-based program called Dialectical Behavior Therapy (DBT). If there is conflict among the residents or between staff and residents, a method within DBT called “in the moment resolution” is utilized. If DBT is contraindicated, they offer programs that will make it</p>	<p><i>Attach powerpoint to Minutes.</i></p>

	<p>easier for the clients. They work with the residents to do what works best for them. They are flexible and the programs are voluntary.</p> <p>There are job programs that offer minimum wage. They comply with SSI requirements by limiting hours of work. Clients are trained to communicate with Social Security. They are a clean and sober environment, but people are worked with where they're at.</p> <p>Crestwood is funded through SSI and a County patch. By regulation, the SSI Board and Care Rate must be paid. Travis concluded by noting consumer feedback. <i>(Which is included in the powerpoint and attached to the Minutes.)</i></p>	
<p>VI. Behavior Health Services/Mental Health Director's Report</p>	<p>Vic Montoya gave the report. Vic announced that today they got authorization for a new Children's Clinic in Antioch.</p> <p>1. Assessment and Recovery Center We are currently recruiting to fill positions to staff the Assessment and Recovery Center located at the George and Cynthia Miller Wellness Center. A Committee has been formed for the purpose of determining work flows, staffing, IT build-outs, and program evaluation.</p> <p>2. Hope House The census at Hope House is currently 12.</p> <p>3. SB82 – Mobile Crisis The three Mental Health Clinical Specialist positions to staff the mobile crisis team are scheduled to be approved by the Board of Supervisors on 9-9-14.</p> <p>4. Patients' Rights Update Our request to contract with Consumers Self Help Centers (CSHC) has been submitted to Contracts and Grants. CSHC was founded in 1986 by a group of mental health consumers who wanted a consumer-run self help center. They also provide patients' rights advocacy services, currently for consumers in Sacramento County.</p> <p>5. Medi-Cal Outreach and Enrollment Grant The three Patient Financial Services Specialist positions funded by this grant are scheduled for approval by the Board of Supervisors on September 9, 2014. These positions will work with the target population to assist them in enrolling in Medi-Cal.</p> <p>6. AB1421 Work Group The Work Group draft report with recommendations will be submitted for Board consideration on October 7, 2014. Discussion: Gina asked if the decision on AB1421 will be made by the BOS on October 7. Vic replied that he couldn't speak for the BOS. Gina aslo asked when the MHSA 3-Year Plan would be implemented, and Vic replied it would be the same day.</p> <p>7. Program Moves The Forensic and Vocational Services program moves to 1430 Willow Pass Road, Concord have been stalled pending fire</p>	

	<p>clearance.</p> <p>8. Mental Health Family Services Coordinator Vic Montoya, Adult Program Chief, is requesting that the Commission Chair appoint a Commissioner to conduct a joint interview with him of the final candidate for this position. Discussion: Vic reported they had interviewed the top 3 candidates and wanted to involve the Commission in the final interview.</p> <p>9. Developmentally Disabled Consumers Administration recommends that this discussion be moved to the Quality of Care Committee.</p>	<p><i>Get more information and place on Q of C Committee Agenda for discussion.</i></p>
VII. Protocol for Mental Health Commission Meeting	<p>Sam explained the discussion at the Executive Committee about problem solving. Vic added that Lisa Cabral from MHA would be helping to keep track of the order of hands being raised to ensure all Commissioners are heard. She would also be timing those speaking.</p>	
VIII. Consider taking a MHC Holiday during the Month of December	<p>Sam mentioned that in the past, the Commission had taken December off. He asked that there be a discussion and vote at the October meeting. He asked Karen to tell about the history of the Commission taking time off. Karen explained that when she first started working for the Commission, they took the month of August off. They later changed to taking December off and then decided not to take any months off. Gina mentioned it would be easier for her if January was the month off. She said having the Commission meeting so early in the month now made travel plans difficult.</p>	<p><i>Forward to the EC for placement on the October MHC Agenda.</i></p>
IX. Consider Having a Commission Retreat	<p>Sam asked Karen to give a history of Commission Retreats. Karen said they used to go to San Domianos for lunch and to get to know each other and discuss Committee goals. Then for a few years they changed to having CIMH trainings. They tried to go back to doing Retreats that included brunch or lunch at hotel meetings rooms, but when the County changed their policy of allowing the purchase of food, meetings were held that were pretty much just additional business meetings. Karen was asked to contact County Counsel to discuss how the Commission could go about doing a Retreat and still remain within the confines of the Brown Act. County Counsel explained that if they didn't have action items or materials to distribute for the public, so long as everything was publicly noticed, and properly agendized, it would be okay. She offered to review the Agenda when it was written. Karen mentioned that Lauren had offered her home and even offered to prepare a meal. Having a potluck was suggested. Sam said this will be voted on at the October meeting. The month of December is being suggested because without all the other meetings, there will be more time available to schedule it. It is suggested that it be a four hour retreat and that the time be used to get to know each other and to talk about how best to work together to complete the Commission's goals.</p>	<p><i>Forward to the EC for placement on the October MHC Agenda.</i></p>
X. MHC	<u>Quality of Care Committee – Peggy Kennedy</u>	

<p>Committee Reports</p>	<p>The Committee has only 3 members and can have 2 more.</p> <p><u>MHSA/Finance Committee – Lauren Rettagliata</u></p> <p>➤ A motion was made to recommend that the MHC be advised of the Program Element Review Schedule and be given the opportunity to sign up for the Program(s) they are interested in reviewing for 2014-2015.</p> <p>Motion: Lauren Second: Peggy K.</p> <p>Discussion: Anyone who wishes to sign up can contact Karen and she will forward the information on to Warren. Commissioners can volunteer to sign up for more than one program to review. It was explained that these are not committees or workgroups, and will not be time consuming.</p> <p>Vote: The motion passed unanimously 10-0-0.</p> <p><u>Criminal Justice Committee – Evelyn Centano</u></p> <p>The Criminal Justice Committee met on September 2, 2014 here in Martinez. Invited guests were Joe Partansky who shared with us information on criminal justice, he acquires from regular attendance to the Council on Mentally Ill Offenders that meets in Sacramento. We also had Warren Hayes, MHSA staff and Vic Montoya at the meeting. I would like to share a clarification regarding BHC and MHSA funded services. Anka Behavioral Health is funded by MHSA to serve the rehabilitation needs of mentally ill individuals referred to them. They take referrals from Behavioral Health Court. In the current funding structure, Anka is capable to serve up to 30 clients a year from Behavioral Health. Therefore, based on the report we received from Marti Wilson of BHC that due to their department being understaffed that they are only serving 18 clients a year, the system is underutilizing the capabilities funded under MHSA (ANKA).</p> <p><u>Applicant Interview Ad Hoc Committee – Lauren Rettagliata</u></p> <p>Lauren reported the Ad Hoc had met and interviewed Greg Beckner.</p> <p>➤ A motion was made to recommend the appointment of Greg Beckner to the District IV Consumer Representative seat on the Commission.</p> <p>Motion: Lauren Second: Louis</p> <p>Discussion: Lauren and Louis both expressed their string support for Greg as a good candidate for the position. Gina agreed that he was a good choice. Sam recognized Dave for recruiting Greg.</p> <p>Vote: By a unanimous vote of 10-0-0, the motion was passed. Staff will notify Supv. Mitchoff of the Commission’s recommendation.</p> <p>Gina asked a question about following the procedures for Commission applicants. Vic suggested that such questions of protocol be referred to the Executive Committee for further discussions.</p>	<p>Motion re: Program Element Review. <u>Yes (10):</u> Peggy B. Louis Evelyn Jerome Dave Peggy K. Tess Lauren Gina Sam <u>No (0)</u> <u>Abstain (0)</u> <u>Absent (2):</u> Teresa Supv. Mitchoff</p> <p><i>E-mail Commissioners a reminder about signing up.</i></p> <p>Motion re: Appointing Greg Beckner: <u>Yes (10):</u> Peggy B. Louis Evelyn Jerome Dave Peggy K. Tess Lauren Gina Sam <u>No (0)</u> <u>Abstain (0)</u> <u>Absent (2):</u> Teresa Supv. Mitchoff</p> <p><i>Notify Supv. Mitchoff of recommendation.</i></p> <p><i>Forward to EC for discussion.</i></p>
<p>XI. Motion to</p>	<p>➤ Motion to appoint a Commissioner to assist Vic Montoya</p>	<p>Motion re: Louis assisting</p>

<p>appoint a Commissioner to assist Vic Montoya in the process of selecting the Family Services Coordinator</p>	<p>in the process of selecting the MH Family Services Coordinator. Motion: Dave Second: Peggy K. Discussion: A question was asked why only 1 Commission instead of 2. Vic responded that because it was a personnel issue, they have to limit outsiders. It is a difficult review process and he wanted the MHC to be involved. Louis volunteered. Vote: Motion to appoint Louis as the Commission representative to assist in the interview process was passed unanimously 10-0-0.</p>	<p>Vic in the interview process. <u>Yes (10):</u> Peggy B. Louis Evelyn Jerome Dave Peggy K. Tess Lauren Gina Sam <u>No (0)</u> <u>Abstain (0)</u> <u>Absent (2):</u> Teresa Supv. Mitchoff</p>
<p>XII. Commissioner Representative Reports</p>	<p>1) Behavior Health Integration Steering Committee – Sam Sam said that because this Committee is divided by age groups, he is not informed about what’s happening with other ages besides the older adults. They are planning a webinar.</p> <p>2) Social Inclusion Committee – a volunteer is needed to represent the Commission. Gina suggested it should be a family members. There were no volunteers.</p> <p>3) AOD Board – Sam The AOD met and discussed their work with the school districts. Sam asked why the Commission isn’t as creative in the community. Vic recommended these reports be discussed at the Retreat.</p> <p>4) Homeless Board – Evelyn Evelyn said she hasn’t been able to find out when they meet.</p> <p>5) Community Corrections Partnership – Evelyn The CCP Executive Committee now meets every other month, or as need. This morning I attended CAB, Community Advisory Board. The agenda included the following discussions: A. Reentry “One Stop Updates” East/Central County <ul style="list-style-type: none"> • Trainings are going on for the Mentor Navigators Program. The goal of this program is to hold returning citizens by the hand while they are navigating the system. There will be a presentation of their program at the CCP meeting on Oct. 3 • No Wrong Door is a program with Faith Based Community. There are 6 sites spread in Pittsburg, Antioch and Concord. B. Reentry “One Stop Updates” from Reentry Resource Center (West). They are selecting a site right now. A Steering Committee is formed, with Cynthia Belon as</p>	<p><i>Forward to EC for discussion.</i></p> <p><i>Check on meeting date/time.</i></p>

	<p>one of its members. (Happy to hear this)</p> <p>C. AB109 Program Evaluation Presentation by the Resource Development Association. I am glad the work has started. I expect Outcomes data to be generated by their work. In Phase 1, their focus is on Evaluation of Contracted Providers and Recidivism Outcomes. We would see complete reports and analysis after June 2015.</p> <p>D. Quality Assurance Committee – works under the CCP with 4 members; The Community Advisory Board is taking applications in October.</p> <p>6) AOT Workgroup – Lauren Lauren reported they had their 6th and final meeting. The draft report will be out next week. Resource Developments facilitated the meetings. Court costs were discussed. She said that Vic was there and gave a clear explanation of who would meet qualifications. It is still in process. Gina asked about data numbers for eligibility for Laura’s Law. Lauren said the numbers aren’t out. Vic explained the process for determining qualifications. Lauren acknowledged the many man hours that went into this process.</p> <p>7) Primary Care Integration Committee – a volunteer is needed to represent the Commission. Peggy expressed interest, but she needs to know when they meet. Staff will check.</p> <p>8) CPAW – Lauren/Gina Gina reported there was no Children’s Committee meeting today. She spoke about Laura’s Law, stating she felt the information given was late in the process, She felt there was a lot of division. Gina added that she felt she could speak at CPAW, while she can’t speak here. Lauren sits on the Housing Committee. She reported that Lori Hefner is working on a tracking document. Lauren will send a copy to Karen for inclusion in the Oct. MHC meeting packet.</p>	<p><i>Check on meeting date/time.</i></p>
<p>XIII. Public Comment and Commissioner Comment</p>	<p>Public Comment: A comment was made praising Crestwood for transporting people to meetings because transportation is a big problem. Georgette asked how consumers get into Crestwood and Travis explained it’s through the Transition Team.</p> <p>Commissioner Comment. None.</p>	
<p>XIV. Adjourn Meeting</p>	<p>The meeting adjourned at 6:30 p.m.</p>	

Respectfully Submitted,
 Karen Shuler, Executive Assistant
 Contra Costa County Mental Health Commission