

MENTAL HEALTH COMMISSION
8.14.2014 MINUTES – FINAL

Agenda Item	Discussion	Action/ Follow-up
<p>I. Call to Order / Introductions</p>	<p>Chairperson Sam Yoshioka called the meeting to order at 4:35 p.m.</p> <p><u>Commissioners Present:</u> Peggy Black, District V Louis Buckingham, District III Evelyn Centeno, District V (arrived at 4:40) Dave Kahler, District IV Colette O’Keeffe, District IV Tess Paoli, District II Teresa Pasquini, District I Lauren Rettagliata, District II Gina Swirsding, District I (arrived at 4:43) Sam Yoshioka, District IV</p> <p><u>Commissioners Absent:</u> Jerome Crichton, District III Peggy Kennedy, District II Karen Mitchoff, BOS Repr.</p> <p><u>Non-Commissioners Present:</u> Stan Baraghin, Guest Greg Beckner, Guest Cynthia Belon, BHA Lia Bristol, Supv. Mitchoff’s Office Lisa Cabral, MHA Travis Curran, Crestwood P.H. Administrator Warren Hayes, MHA Pam MacLeod, Guest Joe Partansky, Guest Mike Penkunas, MHA Chris Roach, Telecare John Schleimer, Guest Karen Shuler, MHC Executive Assistant Diane Greenwood Soto, Guest Connie Steers, CPAW Larry Stone, Guest Robert Thigpen, Guest Mike Yamagata, Telecare <i>Note: Others were present who did not sign in.</i></p>	<p>Update Commissioner Attendance Chart.</p> <p>Update Database</p>
<p>II. Public Comment</p>	<p>Public Comments: 1) Connie Steers mentioned the necessity of</p>	

	<p><i>she was offended that she had not been called on because she had her hand up first. She went on to say it happens all the time and is disrespectful to consumers. Teresa said it wasn't a problem and she would wait to speak after Colette, but said she was quitting the Commission. Staff tried to calm her down but she chose to walk out after stating she was quitting. She left the meeting at 5:00 p.m.</i></p> <p>7) Evelyn asked who Lisa was (Lisa Cabral was sitting at the head table next to Sam). Sam explained that Lisa was helping him keep track of who has their hand up so people could be called in order, and also keeping track of how many questions each Commissioner asks and that they stay within a two-minute limit per question. He said this was a pilot program to try to make sure everyone gets an opportunity to speak.</p> <p>8) Gina said that someone had told her people were saying that in this meeting she speaks off the agenda and out of turn. She checked with people on other committees she attends, asking if they noticed this about her and she said they told her they had not. She said she wants this rumor to stop. She added that all of us speak out of turn and people need to be more sensitive.</p>	
III. Announcements	<p>1) Welcome Tess Paoli as a District II member of the Mental Health Commission. Sam welcomes Tess Paoli and also Peggy Black, recent appointments to the Commission.</p> <p>2) All attendees are asked to please abide by the MHC's Decorum Statement (included in the meeting packet).</p> <p>3) FYI – Included in the Packet is “Comfort Agreement” (Sacramento County Mental Health Board)</p> <p>4) Dave announced there will be a Clubhouse Softball Tournament August 22 at Willow Pass Park Fields 3&4. 8 Teams will have the opportunity to vie for the Hope Cup.</p>	
IV. Approval of Minutes from July 10, 2014	<p>➤ Motion to approve Minutes from July 10, 2014. Moved: Evelyn</p>	<p>Minutes approved 9-0-0. <u>Yes (9):</u></p>

	<p>Seconded: Louis</p> <p>Discussion:</p> <ol style="list-style-type: none"> 1) Gina asked that her Commissioner Comment on page 6 be changed to state she was speaking about the Mobile Crisis Unit and not CPAW. 2) Evelyn pointed out some typographical errors in the Criminal Justice report on page 7. <p>Vote: Approved unanimously 9-0-0 as corrected.</p>	<p>Peggy B. Louis Evelyn Dave Tess Teresa Lauren Gina Sam <u>No (0).</u> <u>Abstain (0).</u> <u>Absent (4):</u> Jerome Peggy K. Supv. Mitchoff Colette (Left at 5)</p> <p>Post corrected Minutes to MHC Website</p>
<p>V. Behavioral Health Services Report</p>	<p>1) Assessment and Recovery Center The George and Cynthia Miller Wellness Center has been opened. Behavioral Health Services is currently working with Hospital and Clinics to establish a staffing pattern for the Assessment and Recovery Center co-located at the site. Primary Care services are being provided. They are developing a hiring process.</p> <p>2) Hope House The June 2014 Report is attached.</p> <p>3) Patients' Rights Update We will be entering into a contract with Consumers Self Help Centers (CSHC), with an anticipated start date of October 1, 2014. CSHC was founded in 1986 by a group of mental health consumers who wanted a consumer-run self-help center. They also provide patients' rights advocacy services, currently for consumers in Sacramento County.</p> <p>4) Medi-Cal Outreach and Enrollment Grant The three Patient Financial Services Specialist positions funded by this grant are going before the Board of Supervisors August 12, 2014. These positions will work with the target population to assist them in enrolling in Medi-Cal. These positions did not make it on the August 12th BOS Agenda. They will be going to the BOS September 9th.</p>	

	<p>5) AB1421 Work Group The Behavioral Director will provide a verbal update. We are waiting for data.</p> <p>6) Program Moves The Forensic program will move to 1430 Willow Pass Road, Concord the week of August 18th. The Vocational Services program will move to 1430 Willow Pass Road the week of September 8th.</p> <p>7) Behavioral Health Integration of Access Lines The Behavioral Director will provide a verbal update. Please also see attached Kaizen Workshop summary. We are looking at the “front door access” to Behavior Health services. There are too many access lines. We are trying to build one door. A consultant has been hired to work on integration – how to best provide resources. Hope to have it in September. We are looking at spaces and at how to maximize the space.</p> <p>8) Mental Health Family Services Coordinator The Adult Program Chief will interview final three candidates the week of August 18th.</p> <p>9) Update on design teams (SPID). Update on design teams. They are working on a framework for an integrated model for co-occurring disorders.</p> <p>Discussion Dave: Is there a plan for the empty building on Oak Grove and is it county-owned? Cynthia: Yes. Gina: Does this Access Line have Spanish-speaking operators? Cynthia: Yes, and we did do an evaluation and survey about language services. Teresa said she was there and that it worked beautifully. Lauren asked how the information about the Access Line is being put out to the public. Cynthia: We are looking at going 24/7 to meet the mandate requirement. Lauren: Does 911 have this number? Cynthia: Yes. Lauren: What does the warm handoff look like? Cynthia: The two operators (example, mental health and AOD) are next to each other in the same room.</p>	
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	<p>Teresa said she is happy to hear about interviews for the Family Service Coordinator. She is sorry a family member didn't participate in the process. Regarding the Patients' Rights update – this was another opportunity to partner with family members. Not including them separates family members and consumers more.</p> <p>Gina mentioned that the Suicide Hot Line gives out the Access Line number.</p> <p>Evelyn thanked Cynthia for her report. She said she is glad the ARC is open, but added we need Behavior Health services to be open and running. Cynthia: It takes time to get the positions hired. We need to get IT build-out. It should take about 2 months. We also need to design a work flow. Evelyn requested time frames on this in next month's report.</p> <p>Louis spoke of the need for a guide to jobs. Cynthia said people are given resources for vocational help.</p> <p>Peggy B. asked what the consumer consensus was about their experiences.</p> <p>Stan mentioned the need to change the CCRMC appointment line procedure about accessing medications.</p>	<p>Request in September BH/MH Director's Report time frames for Behavior Health services to be open and running at the ARC.</p>
<p>VI. MHC Committee Reports</p>	<p><u>Report from Executive Committee – Sam Yoshioka</u></p> <p>1) Addressed complaints from Commission meeting participants re: Protocol <i>(See comments above in Commissioner Comment #7)</i></p> <p>a) About participants not being called in Order</p> <ul style="list-style-type: none"> • <i>Proposed having a staff member keep track of hands raised.</i> <p>b) Some participants asking more questions than others</p> <ul style="list-style-type: none"> • <i>Proposed limiting to two questions per participant</i> <i>Evelyn said this could prevent a quality discussion. If it's going around in circles, then the Chair should intervene.</i> <p>c) Limiting length of questions/answers</p> <ul style="list-style-type: none"> • <i>Proposed a two-minute rule</i> • <i>We'll go ahead on a trial basis addressing the complaints and</i> 	

	<p><i>revisit our shared experiences in a couple months. If the Standing Committees would like to share their meeting protocol and experiences, please send your suggestions to Karen.</i></p> <p>2) Consider having a Commission Retreat <i>The purpose of a retreat (not a training) is to focus on getting to know each other and working together toward the good of the community. Any suggestions from the Standing Committees or individual Commissioners will be welcomed.</i></p> <p><u>Report from the Quality of Care Committee – Peggy Kennedy</u> <i>Committee Chair Peggy Kennedy was unable to be in attendance. She had asked Colette to give the Committee report. Colette resigned from the Commission earlier in the meeting, so Karen asked Sam if she should give the report and he said yes.</i></p> <p>1) Children’s Mental Health Program Chief Vern Wallace gave an update on children’s services in the County. He has been invited to give a report to the Commission at the September meeting.</p> <p>2) Susan Medlin presented a report on accessibility of transportation for consumers.</p> <p>3) Representatives from Community Care Licensing are being invited to the August Quality of Care Committee meeting. Following a discussion about issues that have been brought up about Crestwood, Pleasant Hill, the Committee made a motion requesting that the Commission send a letter to George Lytal, including photos and drawing his attention to matters that are of concern to the Commission, clients and their families. The letter would ask for a response from him. The Quality of Care Committee would follow-up. <i>Dave Kahler objected to the motion. After discussion, it was decided to have the Committee draw up the letter at their next meeting. There was no motion.</i></p> <p>4) Ask for requests for change of membership</p>	<p>Place Crestwood letter on Quality of Care August Agenda.</p> <p>Appoint Peggy B. to the Q of C Committee. 9-0-0. <u>Yes (9):</u> Peggy B. Louis Evelyn Dave Tess Teresa Lauren Gina Sam <u>No (0).</u> <u>Abstain (0).</u> <u>Absent (4):</u></p>
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	<p>to this Committee.</p> <p>➤ <i>Lauren made a motion to appoint Peggy Black to the Quality of Care Committee. Evelyn seconded the motion.</i></p> <p><i>Discussion: It was asked if there was anyone else interested in going on the Quality of Care Committee. There were none.</i></p> <p><i>Vote: By a vote of 9-0-0</i></p> <p><u>Report from the MHSA/Finance Committee – Teresa Pasquini</u></p> <p>1) Ask for requests for change of membership to this Committee.</p> <ul style="list-style-type: none"> • <i>Teresa made a motion, seconded by Dave, to appoint Gina Swirsding and Tess Paoli to the MHSA/Finance Committee.</i> <p><i>Discussion: None.</i></p> <p><i>Vote: The motion carried unanimously 9-0-0.</i></p> <ul style="list-style-type: none"> • <i>Teresa made a motion, seconded by Evelyn, that the Mental Health Commission accept the Contra Costa County Behavioral Health Mental Health Services Act (MHSA) Program and Fiscal Review Methodology Final Report.</i> <p><i>Discussion:</i></p> <p><i>Sam said he looked at 18 items and 4 projects. He said the answers were qualitative. Two of the projects said “Yes” on each of the 18. He asked Warren how they can come up with a score that we can use to rate each program?</i></p> <p><i>Teresa said this is a starting point, a foundation, a learning tool.</i></p> <p><i>Gina asked if it is enough to be ready for membership on the Committee if she’s read everything.</i></p> <p><i>Teresa replied that they can talk later.</i></p> <p><i>Lauren told Sam that the Committee has spoken about his concerns, and as a Committee they’re still working</i></p>	<p>Jerome Peggy K. Supv. Mitchoff Colette (Left at 5)</p> <p>Appoint Gina & Tess to the MHSA/F Committee. Passed 9-0-0. <u>Yes (9):</u> Peggy B. Louis Evelyn Dave Tess Teresa Lauren Gina Sam <u>No (0).</u> <u>Abstain (0).</u> <u>Absent (4):</u> Jerome Peggy K. Supv. Mitchoff Colette (Left at 5)</p> <p>Accept MHSA Report. Passed 9-0-0. <u>Yes (9):</u> Peggy B. Louis Evelyn Dave Tess Teresa Lauren Gina Sam <u>No (0).</u> <u>Abstain (0).</u> <u>Absent (4):</u> Jerome Peggy K.</p>
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	<p><i>on having more framework provided.</i> <i>Vote: The motion carried unanimously 9-0-0.</i></p> <ul style="list-style-type: none"> <i>Teresa made a motion, seconded by Lauren, that the MHSA/Finance Committee will continue to work in partnership with key stakeholders including consumers and family members to solidify the development of our audit review methodology tool.</i> <p><i>Discussion:</i> <i>Teresa said she hopes this information will be delivered to CPAW.</i> <i>Warren said it had.</i> <i>Evelyn said it was good methodology, but it should be at the Committee level not the MHC level.</i> <i>Lauren said a vote from the MHC is needed to continue. Only 4 of 50 are done.</i> <i>Sam asked for a clarification of “continuing” – and asked why it had come to the MHC.</i> <i>Evelyn agreed that the work is in the committees.</i> <i>Gina said she felt it does need to go forward.</i> <i>Vote: The motion carried unanimously 9-0-0.</i></p> <p><u>Report from Criminal Justice Committee – Evelyn Centeno</u> <i>The Committee did not meet in August. There was no membership change on the Committee.</i> <i>Evelyn reported that at the September 2 meeting, Josh Niclas, MD, who replaced Dr. Saldanha at CCRMC, will be introducing himself. Also in attendance will be Kimberly Mayer from the Public Defender’s Office, and Christine Hazelhurst from the District Attorney’s Office to discuss their views of the Behavioral Health Court.</i> <i>Louis asked why the Committee hadn’t met in July.</i> <i>Evelyn: There was a scheduling conflict and</i></p>	<p>Supv. Mitchoff Colette (Left at 5)</p> <p>Approve MHSA/F continuing partnerships. Passed 9-0-0. <u>Yes (9):</u> Peggy B. Louis Evelyn Dave Tess Teresa Lauren Gina Sam <u>No (0).</u> <u>Abstain (0).</u> <u>Absent (4):</u> Jerome Peggy K. Supv. Mitchoff Colette (Left at 5)</p>
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	<i>speakers were not available.</i>	
VII. Appoint Members to the Ad Hoc Applicant Interview Committee	<p>Sam asked for volunteers. Dave, Louis and Lauren volunteered to serve as the Ad Hoc Applicant Interview Committee.</p> <ul style="list-style-type: none"> Sam made a motion to appoint them and Peggy B. seconded. <p>Vote: The motion carried unanimously 9-0-0.</p>	<p>Appoint Ad Hoc Applicant Interview Committee. Passed 9-0-0.</p> <p><u>Yes (9):</u> Peggy B. Louis Evelyn Dave Tess Teresa Lauren Gina Sam</p> <p><u>No (0):</u> <u>Abstain (0):</u> <u>Absent (4):</u> Jerome Peggy K. Supv. Mitchoff Colette (Left at 5)</p> <p>Set up Ad Hoc Interview meeting date.</p>
VIII. Appoint Members to the Ad Hoc Leadership Nomination Committee	<p>Sam asked for volunteers. Only Dave volunteered. Sam stated that there will be open nominations in October and a vote in November.</p>	
IX. Commissioner Representative Reports	<ol style="list-style-type: none"> Behavioral Health Integration Steering Committee Report – Sam Sam stated he is concerned we are not getting enough information on other group[s] that are meeting during the next months. At the Older Adults meeting they discussed co-occurring disorders. CPAW – Lauren and Gina Gina is on the TAY and Children’s Committee. They talked about Mobile Crisis Intervention. A grant will provide someone to help children and families integrate at PES. The possibility of placing children in a 	<p>Evelyn representing MHC at Homeless Board meetings. Passed 9-0-0.</p> <p><u>Yes (9):</u> Peggy B. Louis Evelyn Dave Tess Teresa</p>

	<p>20-bed unit was discussed at the meeting.</p> <p>3) Social Inclusion Committee A volunteer is needed to represent the MHC. There were no volunteers.</p> <p>4) AOD Board – Sam. Sam discussed their lack of leadership and inability to meet because of not having a quorum.</p> <p>5) Homeless Board Meeting A volunteer is needed to represent the MHC. Evelyn volunteered.</p> <ul style="list-style-type: none"> • Sam made a motion and Louis seconded to appoint Evelyn as the MHC representative to the Homeless Board. Motion passed unanimously 9-0-0. <p>6) Community Corrector’s Partnership (AB109) – Evelyn Evelyn was unable to attend the last meeting.</p> <p>7) Assisted Outpatient Treatment Workshop (Laura’s Law) – Lauren See Behavior Health Director’s Report above. Lauren added that they looked at the San Francisco parameters. They felt that a forensic psychiatrist was not needed on the Board. Gina disagreed. Lauren said they discussed what a crisis team would look like. It would not just be law enforcement. There would be an LSW as well. She said they needed more FSP slots. Lauren encouraged Gina to write to Roberta Chambers about her concerns. Lauren added that family members stressed that the court process be collaborative. Sam asked Gina if she wanted to be on the AOT Workgroup, replacing Jack Feldman as the Consumer representative from the Commission. Lia commented that Tess has been attending the SOT Workgroup regularly. Lauren stated that people have come who haven’t attended all the meetings. She said Gina could be brought up to speed on their discussions.</p>	<p>Lauren Gina Sam <u>No (0).</u> <u>Abstain (0).</u> <u>Absent (4):</u> Jerome Peggy K. Supv. Mitchoff Colette (Left at 5)</p>
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	<p>Teresa made a point of order that Commissioners appointed to represent the Commission at various Committees and boards are required by the Bylaws to represent the Commission's point of view and the Commission had voted in support of Laura's Law.</p> <p>Gina said she was in favor of Laura's Law, with half of it, but felt the other half needed some amendments.</p> <p>Evelyn said it was necessary to maintain the integrity of the MHC and the Bylaws.</p> <p>Sam said he was going to appoint Gina to the Workgroup.</p> <p>Teresa asked why they were not voting.</p> <p>Sam replied they had already voted for Jack and Gina before when Jack was appointed so she should be next in line. He then agreed to have a vote.</p> <p><i>Note: Dave left the meeting at 6:15.</i></p> <p>Gina said she was not going to sit through that again and said she was leaving. Despite pleas for her to stay, she left the meeting at 6:25.</p> <p>Staff made a count of Commissioners in the room, and there were only 7, The meeting was forced to cease due to lack of quorum (8).</p> <p>8) Primary Care Integration Committee – Colette No report.</p>	<p>Place on Sept. MHC Agenda MHC Reps. Needed for:</p> <ol style="list-style-type: none"> 1) Social Inclusion 2) Laura's Law (Consumer) 3) Primary Care Integration.
X. Public Comment and Commissioner Comments	None.	
XI. Adjourn Meeting	The meeting was adjourned at 6:35 p.m.	

Respectfully Submitted,
Karen Shuler, Executive Assistant
Contra Costa County Mental Health Commission