

**MENTAL HEALTH COMMISSION
5.8.2014 MINUTES – FINAL**

Agenda Item	Discussion	Action/ Follow-up
I. Call to Order / Introductions	<p>Chairperson Sam Yoshioka called the meeting to order at 4:40 p.m.</p> <p>Welcome to newly-appointed Commissioner Peggy Black, District V Family Member</p> <p><u>Commissioners Present:</u> Peggy Black, District V Louis Buckingham, District III Evelyn Centeno, District V Jerome Crichton, District III Jack Feldman, District V Dave Kahler, District IV Peggy Kennedy, District II Teresa Pasquini, District I Lauren Rettagliata, District II Gina Swirsding, District I (4:55) Sam Yoshioka, District IV</p> <p><u>Commissioners Absent:</u> Carole McKindley-Alvarez, District I Karen Mitchoff, BOS Repr. Colette O’Keeffe, District IV</p> <p><u>Non-Commissioners Present:</u> Cynthia Belon, Behavior Health Director Hillary Bowers, Recovery Innovations Lia Bristol, Supv. Mitchoff’s Office Warren Hayes, MHSA Program Manager Christopher Martinez, AOD Liaison Vic Montoya, Adult/Older Adult Program Chief Karen Shuler, MHC Executive Assistant Connie Steers, Behavior Health</p>	
II. Public Comment followed by Commissioner Comments	<p>Public Comments: None.</p> <p>Commissioners Comments 1) Lauren: attended Mapping Assisted Outpatient Treatment forum. She said there was a need for more information on court costs. She is also concerned about David (Seidner) saying that the type of court that</p>	

	<p>was going to be convened was out of our control – in the hands of the court system. She hoped that we could sit down with the courts and discuss non-traditional options.</p> <p>2) Louis: Attended a suicide awareness meeting in Oakley. He expressed concern over the number of suicides, especially among young people.</p> <p>3) Jerome: On Sat. April 5th he attended a Community Dialogues and Wellness Faire to support the African-American community – discussing need to destigmatize mental illness in the community. He added that we need to communicate with our young people in a way they can understand.</p> <p>4) Evelyn: There was a recent article on a police interaction shooting. She was surprised that victims weren't named. In the Asian community they do not talk about mental illness. There is a need for education for the families. She also mentioned an article that said Asians don't seek help for mental illness.</p>	
<p>III. Announcements</p>	<p>1) All attendees are asked to please abide by the MHC's Decorum Statement (included in the meeting packet).</p> <p>2) The Public Hearing on the Mental Health Services Act Three Year Program and Expenditure Plan for fiscal years 2014-17 will follow the June 12th MHC meeting.</p> <p>3) At the Hope House Open House, both Cynthia Belon and Supv. Mitchoff recognized the Commission for their support of the construction of the Crisis Residential Center.</p> <p>4) Supervisors Mitchoff and Piepho co-sponsored the presentation of the "May is Mental Health Awareness Month" at the April 29th Board of Supervisor's meeting. Lauren displayed the Proclamation.</p> <p>5) Commissioners and members of the public are encouraged to attend one of the Mapping Assisted Outpatient Treatment (Laura's Law) Public Forums.</p>	

	<ul style="list-style-type: none"> • Tuesday, May 6, 2014, 3230 MacDonald Ave., Richmond, CA 4:00-6:00 pm • Thursday, May 22, 2014, 4703 Lone Tree Way, Antioch, CA 4:00-6:00 pm • Wednesday, May 28, 2014, 1026 Mohr Lane, Concord, CA 4:00-6:00 pm <p>6) Standing Committees are asked to recommend speakers for the MHC monthly meetings.</p> <p>7) Gina: Richmond PD is posting mental health info. on their website.</p>	
IV. Approval of Minutes from April 10, 2014	<p>➤ Peggy moved and Evelyn seconded to approve the Minutes. By a unanimous vote of 10-0-0, the Minutes were approved as presented.</p>	<p>Approval of the Minutes. Passed 10-0-0. (Gina had not yet arrived.)</p> <p><u>Yes (10):</u> Peggy B. Louis Evelyn Jerome Jack Dave Peggy K. Teresa Lauren Sam</p> <p><u>No (0).</u> <u>Abstain (0).</u> <u>Absent (4):</u> Carole Supv. Mitchoff Colette Gina (late)</p>
V. BHS-MH Director's Report	<p>Vic mentioned the opening of the wellness center Monday. Flyers were made available.</p> <p>1) Assessment and Recovery Center The George and Cynthia Miller Wellness and Recovery Center will open for clients on May 6, 2014.</p> <p>Discussion: There was discussion about the staffing patterns at the Center. Lauren asked if Bob Thigpen would be hired. Vic said they're doing open recruitment.</p>	

	<p>Lauren asked what the timeframe is when a supervisor is hired. Vic said it depends on the availability of qualified applicants. Gina asked how will you obtain the consumer? Vic replied that consumers are being openly recruited.</p> <p>2) Hope House Update Hope House accepted its first resident April 23, 2014. Discussion: John Allen and Karen Pratt are working with their staff. Hope to have a more fully operational plan 60 days out. Peggy: What will be the average length of stay? Vic: By regulation, not more than 30 days . Most 7-10 days. Trying to develop a targeted program. Teresa: At Hospital Operations Meeting, it was said that it is beautiful and not the image of a normal hospital setting. Who do we ask for tours? Vic: Julie Peck. Teresa: How many are there? Vic: 5. Most are happy to be there.</p> <p>3) Mental Health Family Services Coordinator The recruitment to fill the Mental Health Family Services Coordinator position for Adult Services opens Monday, May 5, 2014. Applications will be accepted until May 23, 2014. A copy of the Job Announcement is attached. Discussion: Lauren: Any candidates yet? Vic: The flyer just went out. A panel will be set up and a Commissioner will be asked to sit on it.</p> <p>4) Patients' Rights Staff Report. Counties using in-house and contracted services were assessed. Next steps are interviewing and contacting every agency to see if they are interested in doing Patients'</p>	
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	<p>Rights for Contra Costa County. They are looking at job descriptions of in-house programs. By next month there should be a recommendation going to the BOS.</p> <p>Peggy: At the May Quality of Care meeting we will be discussing the Patients' Rights issue.</p> <p>5) Portia Bella Hume</p> <p>They are in the process of hiring staff and the program is scheduled to be certified in May.</p> <p>Discussion:</p> <p>Matthew Liu is working on a case by case basis for transition planning.</p> <p>Peggy: Is this replacing Rubicon?</p> <p>Vic: No. A new organization providing services in East County.</p> <p>Lauren: Did Rubicon and Anka both have clients in central?</p> <p>Vic: They co-managed.</p> <p>6) SB 82 –Mobile Crisis</p> <p>Behavioral Health submitted a proposal under SB 82 to fund three mobile crisis teams. Funding in the amount of \$376,187 for one mobile crisis team was awarded. The funding will be used to hire two clinicians to provide services to adults. One clinician to provide triage and support services to Seneca's Children/Adolescent's Mobile Response Team will be housed at Psych Emergency Services at CCRMC.</p> <p>Gina: We had 3 teams but are only going to have 1. Where will it be?</p> <p>Vic: There will be planned interventions.</p> <p>7) Medi-Cal Outreach and Enrollment Grant</p> <p>In October 2013, the CDHCS announced the availability of grant funds to provide outreach and enrollment (O&E) services to consumers newly eligible for Medi-Cal as a result of the federal Affordable Care Act. Funding was made available by Assembly Bill 82. These funds are available to conduct O&E strategies to help increase Medi-Cal enrollment and retention for the estimated 850,000 newly eligible but</p>	
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	<p>uninsured Californians as well as another 850,000 currently eligible but uninsured Californians. Behavioral Health's grant award is \$456,976 for the period May 15, 2014 through June 30, 2016. Our efforts will be focused towards individuals with mental health disorders, substance abuse disorders, the homeless, those in county jail, probation or post-release community supervision, persons with limited English-speaking abilities and persons from mixed immigration families. It is estimated that the O&E Program will generate at least an additional 250 Medi-Cal applications per month.</p> <p>Vic explained the SB72 grant monies disposition.</p> <p>8) Integration Update</p> <p>The Services & Programs Integration Implementation Design (SPIID) Teams are helping design the integration of Behavioral Health Division services and programs. The teams are organized by lifecycle population, each including families: Children, TAY, Adults, and Older Adults. In 2013, the teams were expanded to include a variety of key stakeholders, including Steering Committee members, CBOs, consumers, and family members. The monthly meetings of the SPIID Teams serve as a welcoming venue for County staff, providers, and the community to meet and learn about one another, and hear updates on parallel processes such as OCE's consumer outreach and strategic planning by Homeless Programs and MHSA.</p> <p>In 2014, the SPIID Teams are meeting to develop common frameworks around key service components. Meetings to date have focused on the interrelated service components of integrated case conferencing, integrated hubs, and integrated service teams. Future topics prioritized for this year will include co-occurring disorder treatment, programs and housing; improving housing retention and</p>	
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	<p>addressing barriers to housing; and integrated outreach and engagement. As frameworks are developed, the SPIID Teams are also engaging in program design to develop concrete recommendations on the implementation of an integrated system. The Executive Team will engage with the SPIID Teams on how best to use the common frameworks and the program design recommendations to infuse integrated practices into the infrastructure and overall operations of the Division, supported by the guidance of Executive Team leadership.</p> <p>Some examples of current and developing integration projects within the Division include:</p> <ul style="list-style-type: none"> • Concord Shelter is staffed by Homeless, Mental Health and Public Health. • The Brookside Shelter and TAY Callie House Homeless Programs have on-site Mental Health staff as well. • ANKA Multi-Service Centers are staffed/funded by Mental Health and Homeless. The Antioch MSC is a Drug certified site as well. • Mental Health has staff providing consultation at AOD Discovery House. • Behavioral Health formed our AB 109 team with MH, Homeless, and AOD staff. • Behavioral Health TAY case conference. • Management of scattered site housing has been transferred from Mental Health to Homeless Services • Financial counseling/benefits services provided by Homeless Services has moved to Mental Health. <p>Cynthia said the focus is on access. They will have their first kaizan the week of June 2 to develop a centralized access.</p> <p>Lauren: How is SAMHSA Grant money being accessed?</p>	
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	<p>Cynthia: We're already doing that. Eventually grants management will be integrated.</p> <p>9) Laura's Law. Processing for Determining Recommendations Staff Report Going into next series of workgroups. BOS wants:</p> <ul style="list-style-type: none"> • Recommendations • Costs for all departments included in implementation • Cost savings analysis. • Also seeking input from consumers and family members. 	
<p>VI. Overview of the Mental Health Services Act Three Year Program and Expenditure Plan for fiscal years 2014-2017.</p>	<p>Warren went through the outline for the three year plan. Discussion: Deadline tomorrow for PC informal. Gina: Spoke about going to TAY Committee. How will they be brought in? Peggy: Read through the document. Said she appreciated all the work he put into it. Teresa: Didn't notice a difference from previous years. What is different? Warren: More consistency. Teresa: Where in our plan will we find addressed a suicide reduction plan? Warren: It is being implemented. Teresa: We need breakdowns.</p>	
<p>VII. Adopt Commissioner Attendance Protocol</p>	<p>Teresa said it is critical to have a protocol in place. Teresa made a motion to adopt the Attendance Protocol and Gina seconded the motion. Discussion: Evelyn agreed with Teresa because the CJ has had 2 back to back meetings without a quorum, but still thinks it's a policy that the chair would enforce. Louis: If committee members aren't there, non-committee Commissioners members who are in attendance should be counted. The motion passed unanimously 11-0-0.</p>	<p>Adopt attendance protocol. Passed 11-0-0 <u>Yes (11):</u> Peggy B. Louis Evelyn Jerome Jack Dave Peggy K. Teresa Lauren Gina Sam <u>No (0).</u> <u>Abstain (0).</u></p>

		<u>Absent (3):</u> Carole Supv. Mitchoff Colette
VIII. Committee Reports	<p>1) Quality of Care Committee – Peggy Kennedy May meeting will be all about Patient’s Rights advocacy.</p> <p>2) MHSA/Finance Committee – Teresa Pasquini Continued to work on auditing tool.</p> <ul style="list-style-type: none"> ➤ Teresa made a motion to appoint Lauren to replace Carole on the AOT Workgroup. Peggy seconded the motion. The motion passed unanimously 11-0-0. ➤ It was requested that a consumer representative also be appointed to the AOT Workgroup. Gina and Jack both volunteered. Neither received enough votes. ➤ A separate vote was held for Jack. Motion passed 8-0-3. <p>Lauren and Jack will be the MHC representatives to the AOT Workgroup.</p> <p>3) Criminal Justice Committee – Evelyn Centeno</p> <ul style="list-style-type: none"> ➤ Approve resolution to hire a Mental Health Clinical Specialist to be assigned to the Behavior Health Court. <p>The Committee had to postpone their meeting due to lack of quorum.</p>	Appoint Lauren to AOT Workgroup. Passed 11-0-0. <u>Yes (11):</u> Peggy B. Louis Evelyn Jerome Jack Dave Peggy K. Teresa Lauren Gina Sam <u>No (0).</u> <u>Abstain (0).</u> <u>Absent (3):</u> Carole Supv. Mitchoff Colette Appoint Gina or Jack to AOT Workgroup. Motion failed 4-6-1. <u>Gina (4):</u> Jerome Dave Peggy K. Gina <u>Jack (6):</u> Louis Evelyn Jack Teresa Lauren Sam <u>Abstain (1)</u> Peggy B.

		<p>Appoint Jack to AOT Workgroup. Motion passed 8-0-3: <u>Yes (8):</u> Louis Evelyn Jerome Jack Dave Teresa Lauren Sam</p>
<p>IX. Approval of the 2013 Annual Report</p>	<p>Lauren made a motion to approve the 2013 Annual Report. Peggy seconded the motion. Discussion: Lauren explained that she worked with Karen to use the goals and accomplishments from the Committees to prepare the report. Vote: The motion passed by a vote of 9-0-1.</p>	<p>Approval of Annual Report. Passed 9-0-1 <u>Yes (9):</u> Peggy B. Louis Evelyn Jerome Jack Peggy K. Teresa Lauren Sam <u>No (0).</u> <u>Abstain (1).</u> Gina <u>Absent (4):</u> Carole Supv. Mitchoff Colette Dave left early</p> <p><i>Forward Annual Report to BOS</i></p>
<p>X. Commissioner Representative Reports</p>	<p>Due to lack of time, no reports were given.</p> <ol style="list-style-type: none"> 1) Behavioral Health Integration Steering Committee Report – Sam 2) Social Inclusion Committee – Carole 3) AOD Board – Sam 4) Homeless Board Meeting – Carole 5) Community Correcor’s Partnership (AB109) – Evelyn 6) Assisted Outpatient Treatment Workshop 	

	(Laura's Law) – Carole 7) Primary Care Integration Committee – Colette 8) CPAW – Lauren/Gina	
XI. Adjourn Meeting	The meeting was adjourned at 6:40 p.m.	

Respectfully Submitted,
Karen Shuler, Executive Assistant
Contra Costa County Mental Health Commission