

Contra Costa County Mental Health Commission
Mental Health Commission
November 10, 2011
Minutes – (Approved)

1. Call to Order / Introductions

The meeting was called to order by Chairperson Carole McKindley-Alvarez at 4:31 p.m.

Commissioners:

Evelyn Centeno

Dave Kahler

Peggy Kennedy

Carole McKindley-Alvarez

Floyd Overby

Annis Pereyra

Gina Swirsding

Sam Yoshioka

Absent: Colette O’Keeffe (Unexcused)

Other attendees:

Rochelle ?, Guest

Lia Bristol, Representative from Supv. Mitchoff

Louis Buckingham, Guest

Brenda Crawford, Executive Director, Mental Health Consumer Concerns

Susanne Davis, Conservators

Steven Grolnic-McClurg, Rubicon

Jorena Huerta

Monique Tarver, Guest

Karen Wise, ANKA

Staff: Karen Shuler, Interim Executive Assistant

2. Public Comment

Brenda Crawford: Everything is in flux, so this is a great opportunity to look at where we’ve been, where we’re at and where we’re going – so I would ask the Mental Health Commission in their Special Meeting to look at programs not with the idea of dismantling them, but to change them. Radical ideas bring about change, but need input. We need to look at how we do business and see if we can do it better to make sure the mentally ill get served.

3. Announcements

- Special Meeting to follow this meeting from 5:30-7:30 to discuss the Mental Health Commission’s role in the MHSA process.
Carole stated that we will be looking for a way we can describe our role in MHSA
- The December monthly meeting of the Mental Health Commission will be the Annual Planning Meeting and will be held Tuesday, December 13th, 2011.

In order to get through the issues, it was decided to meet from 3:00-6:00. Location to be announced.

4. Approval of the Minutes from October 27, 2011.

M: Evelyn Centeno; S: Annis Pereyra. Discussion: None.

Vote: 7-0-1 (Teresa was absent 10/27/11)

Note: Agenda Items 5 and 6 were combined.

5. Nominations and vote for MHC Chair and Vice Chair

6. Nominations and vote for MHC Executive Committee

Carole McKindley-Alvarez was nominated for Chair and Peggy Kennedy was nominated for Vice Chair

Teresa Pasquini, Floyd Overby and Evelyn Centeno were nominated to fill the two remaining seats on the Executive Committee.

Sam Yoshioka made a motion to close the nominations. Peggy Kennedy Seconded the motion. Paper ballots were distributed to the Commission. Nominating Committee Chair Sam Yoshioka counted the ballots.

Voting Results:

Chair of the Commission: Carole McKindley-Alvarez received a unanimous vote of 9-0

Vice Chair of the Commission: Peggy Kennedy received a unanimous vote of 9-0

Executive Committee:

Teresa Pasquini received a unanimous vote of 9-0

Floyd Overby received 3 votes

Dave Kahler

Floyd Overby

Sam Yoshioka

Evelyn Centeno received 5 votes:

Evelyn Centeno

Carole McKindley-Alvarez

Teresa Pasquini

Annis Pereyra

Gina Swirsding

Peggy Kennedy abstained from voting on the remaining member of the Committee.

Six votes are needed for a quorum majority. Floyd Overby decided to withdraw his name from nomination. By a show of hands, Evelyn Centeno received a unanimous vote of 9-0.

7. Recommendations from the Executive Committee regarding structure, goals and objectives for the Annual Planning meeting.

Peggy reported that she and Teresa were in attendance at the Executive Committee meeting Tuesday. They looked through last year's agenda and decided they do not need a facilitator this year. Each Committee will be asked to bring a wrap-up of their 2011 accomplishments and 2012 goals.

Suzanne Tavanno and Mary Roy were there for a short time. We discussed the role of the MHC under the W&I and talked about what our roles and responsibilities are when we design our next year's plan.

Suggested Agenda Items for the Planning Meeting:

- 1) Roles and Responsibilities of Commissioners under the Welfare & Institutions Code
- 2) Overview from Suzanne about accomplishments of MHA and goals for 2012 External Quality Review Organization(EQRO) (if ready)
- 3) Going through each committee and discussing goals and objectives
- 4) Give opportunity for discussion of other issues that have not been covered that Commissioners would like to see addressed. – An opportunity for Commissioners to have a personal opportunity to have input.
- 5) Vote on 2012 plan
- 6) BOS Legislative Platform
- 7) MHSA
- 8) Current committee structure

A motion was made to accept the Executive Committee's recommendations for items for discussion at the Annual Planning Meeting.

M-Evelyn Centeno; S-Annis Pereyra. Discussion:

- Gina asked for clarification. Peggy explained that each year the MHC has a Planning Meeting to discuss future goals and accomplishments.
- It was suggested that follow-through items from the upcoming Special Meeting be added to the agenda.
- Sam spoke about the structure of committees, stating they are full and there are new members coming in and we need to consider expanding from 4 to 5 and plus provide a little more choice to choose from. To expand committees, the Bylaws would need to be amended. When expanded from 4-5, the quorum would be the same. Annis said Capital Facilities is still in need of 1 more member. Gina asked about the Task Force. Carole said it will be discussed at the Special Meeting.
- Gina asked about the Supervisors who are appointed to the MHC. She expressed concern over their non-attendance. Teresa agrees that an invitation to the supervisor is appropriate but that advocacy is needed. Carole said that in the midst of the Planning Meeting when we're talking about future additional advocacy, we could discuss advocacy about the Supervisor being at the meetings, recognizing that he could see what he's been missing.

Vote: Unanimous 9-0

8. Adjourn Meeting

The meeting was adjourned at 5:11. The next scheduled Mental Health Commission Meeting will be the Annual Planning Meeting and take place Tuesday December 13th from 3:00-6:00 p.m. Location to be announced.

Respectfully submitted,
Karen Shuler, Interim Executive Assistant