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ADMINISTRATIVE BULLETIN

No. 20-BUL-006

TO: Contra Costa County Hospitals and EMS/Fire/Law Agencies

FROM: Dr. David Goldstein, EMS Medical Director 

DATE: April 7, 2020

SUBJECT: Updated Field Guidance

This treatment guidance pertains to ANY/ALL of the types of patients listed below:

- **Symptomatic patient (cough, fever, flu-like symptoms, etc.)**
- **COVID suspected patient**
- **Known COVID positive patient**

Patient Precautions:

- Surgical mask on patient;
- Ambulance cabin exhaust vents on;
- Limit provider proximity if possible;
- Request/move patient into open space/outside if safe for patient and crews to do so
 - Dispatch has already requested patient meet crew outside, if safe to do so.

Respiratory/Airway Treatments to Avoid:

- Any nebulized treatment;
- CPAP;
- Avoid using Bag Valve Mask (BVM)
 - Provide passive oxygenation via Non-Rebreather (NRB) and apply surgical mask over NRB during CPR;
- Do not intubate with endotracheal tube (ET)
 - Utilize I-Gel if no gag present.

Should you have any questions, please reach out to Marshall Bennett via email at marshall.bennett@cchealth.org.